

THE LOST  
ESOTERICAL TEACHINGS  
OF  
JESUS

Given by Sri Sathya Sai Baba

And

Sri Mahavatar Babaji

To

Deborah Anderson

Edited by Julian Everitt

THE LOST  
ESOTERICAL TEACHINGS  
OF  
JESUS

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## **THIS BOOK**

Is dedicated to the memory of Phyllis Pearsal MBE the founder of the A - Z maps, who in her lifetime helped many to find their way by the use of her maps. She was also a spiritual beacon of Light and inspiration to those close to her. As a child she took great delight in teaching me the A - Z of mysticism, love and Light. And to find the answer within by the power of the Light.

Deborah Anderson

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I also wish to thank my mentor James for his wisdom and Aiden for helping me in my journey in life.

For company – a mind tonic, a literary lubricant – while I was writing this book, late into the night, I played and played and played again the song....Tomorrow Never Knows.

Thank you Beatles and most particularly John Lennon for this enlightenment – words and music from the Masters.

And a very special thank you to Jesus for his timeless, relevant teachings.

*When you open the door to  
your Being*

*You open the door to the  
bliss state within*



## FOREWORD

When Sri Mahavatar Babaji told me who Jesus truly was and what he was about I realised why he had attracted crowds in their thousands. As I received his teachings, from Babaji, I was healed from severe depression and anorexia. I experienced ecstasy and rapture in my heart, which I still have today.

A fundamental fact about Jesus, that was edited and kept secret from the public, was that he was the incarnation of the Law of the Universe - the Law of Attraction - known in his day, as the Law of Adding. And so who better to incarnate and show humanity how to work with the Law (Lord), but the Law himself - Jesus. *As a tree is the tree part of God, as the sky is the sky part of God, you are the **you** part of God. Jesus is the Law part of God. It is written he came to fulfill the Law.* Matthew 5:17.

At the beginning of the bible there is the LORD God almighty and the Lord God. Together they are known as the sovereign Lord. *In ancient translation the Lord God means the Law of God. The law of the universe - the Law of love - the Law of Attraction.*

*Humanity lost its way living in a negative collective conscious, mindset. People attracted negative outcomes through their negative mindset and therefore poor decision making. Thus only the Law could come and show the way out of negativity. Just as only a pilot can fly an aero plane and only a surgeon can perform surgical operations, so it was with Jesus. He as the Law overcame every negative vibration in the most extreme way via the Cross shouting mightily 'it is finished'. He had accomplished the task of remaining positive on the cross as a man, and for man, calling himself the son of Adam. This was not Jesus appeasing an angry God, but the 'Law' taking on the law of the collective*

negative consciousness and overcoming all negative vibration. By so doing demonstrating to mankind how to be released from the strongholds of a negative mindset which causes negative outcomes, negative decisions and illness. Jesus wore the crown of thorns to symbolize what man was experiencing - the crown of the negative mindset and he cried out the desperate cry of mankind. "Father why have you forsaken me". This is what we all feel - forsaken - in the negative mindset.

When people use the Law of Attraction correctly every knee shall bow in knowing how to work with the Law. And every tongue shall confess the Law through right positive speech attracting to themselves, their hearts desire. For the Law is Life everlasting, always giving to you according to your thinking whether positive or negative. Be careful what you think. For the Law is the Lion and the Lamb.

This book is for you and about you. How to receive self empowerment, to know yourself better and how to use your God given power within. It will show you how to be healed using ancient meditation and how to work with the Law of Attraction bringing about right desires and fulfillment, for your personal and business life. You do not have to believe in Jesus, or be religious. The Law is working for everyone, all the time, negative or positive. We just have to be aware that there is a law at work in our lives, whether you are an atheist or a believer. So we need to be awake working with the Law in higher consciousness, for our success, prosperity, health and fulfillment of desires and dreams.

The mission of Jesus was to release humanity from their negative mindset to a positive mindset. But the word negative was edited and replaced with the word sin. Bringing about a very different story of Jesus and his mission.

# 300AD

## A SIGNIFICANT TIME

Written with the authorization and instruction of Sri Sathya Sai Baba and Sri Mahavatar Babaji, also known as Haidakhan Babaji, this book extends their mission for setting free the minds of people for self - empowerment, by bringing back to humanity the lost esoterical meaning and teachings of Jesus Christ.

Jesus was the greatest motivational speaker, teacher, healer, businessman and leader, who attracted the crowds in their thousands. He worked teaching the law of the Universe – the Law of Attraction. known in his day as the Law of Adding, bringing about many miracles in peoples lives. He showed the way, teaching how to work with the Law of the Universe – the Law of Attraction - the secret of the Universe.

Christ's message and teachings were so profound that they were later purposely edited from the writings about Jesus in 300AD. His teachings were kept by secret organizations, away from the general public, thus keeping people in the dark. The teachings that were edited included self empowerment; explanation of the negative mindset and ego and how to overcome and work with it; the positive mindset and self image and how it worked; true meditation; the inner world of joy; happiness and peace; virtual living your reality; self belief and self image; resurrection of mind and emotions from negative to positive; the law of truth and inner reality that makes up the Law of Attraction ( known then as the Law of Adding); the law of creation and the joy of creativity; the higher consciousness of imagination; the keys to the kingdom of heaven within you and the Garden of Eden consciousness.

Over many centuries artists, playwrights, poets, songwriters, teachers of ancient wisdom, film makers and writers who had access to the lost teachings of Jesus and ancient wisdom have tried to get the message out in their way through their many talents.

In the past many who tried to get the message out were deemed as witches and heretics and were executed. Others went into hiding. Now we are coming into the age of understanding and people are hungry for the truth. We are no longer satisfied being kept in the darkness of ignorance. Following blind guides who would have us believe in half truths or misconceptions that only disempower.

This book is not about converting people to Jesus or a new religion. It is about people having the chance to read and judge for themselves what Jesus of Nazareth was really all about. What his true mission was and to help you find your truth in the maze of life. It's written, as Sai said, to set people free, to allow them to believe in themselves and their own God given power within their souls.

## THE BIG QUESTION

What did Jesus really say over 2000 years ago that caused people to listen to him in their thousands?

What was it that was so revolutionary about his teachings that the religious authorities wanted him put to death?

What was it the religious organizations didn't want the people to know and still don't want **you** to know today ?

Why were the teachings of Jesus changed in 300AD only to be kept by secret societies with hidden messages in paintings by Leonardo Da Vinci, writings by Shakespeare, and other great artists and writers ?

Who did he really give the keys to the kingdom of heaven to and what did they mean?

Why was God so vengeful in the old testament but representing unconditional love in the new testament? Are there two gods ?

What was the real meaning of the crucifixion? Did God really send his son to be killed in our place, in order to satisfy his wrath, because we are such awful sinners ?

Adam and Eve, what did that story really mean?

What was Jesus trying to say about the Garden of Eden?

What was the real meaning of the Law of the Universe ?

## **An opening letter from Sri Sathya Sai Baba**

Dear reader

May the Light of Divine understanding ignite the flame dormant within you to know who you truly are in self image, heart and mind. The Divine in you, the hope and glory.

May the Light of Divine Love pierce your heart and soul with the unquenchable fire of Divine Love. For you are the beloved and The I Am ( The Supreme Being, Infinite Intelligence, God, The Light Within You ) is your lover. Therefore may the lover and the beloved unite as one. ( One Power).

Dearest reader do not think for one minute that you are insignificant and cannot make a difference to the world and yourself and to know eternal joy in your heart. To feel happiness coursing through your veins everyday giving you motivational, joyful energy. This world is dark so I have come to transform the darkness into Light helping you and humanity to evolve to its full potential of inner happiness. The right living of ultimate fulfillment and joy. May you evolve in your life time to understand inner happiness and eternal peace within you, replacing sadness with happiness, emotional pain with joy, poverty with wealth and depression with true expression. May you come to realize who you truly are - the beautiful Divine being that is you. Know yourself to Be, dear reader.

You are not your negative self image born in sin but made

instead in the image of God which means you are the image of higher consciousness. Every thing you have done throughout your life, your decision making, actions, thinking and feelings have been based on how you see yourself and in seeing yourself you have reflected in the outer world your beliefs about yourself.

The lost esoterical teaching and meaning of Jesus is all about bringing back to mankind a message that was 'lost' in 300AD. Leaving the rest of the world with a very distorted image of Jesus and his teachings. Keeping people in fear of God and away from the truth of what Jesus was really all about. Jesus was a practical teacher, leader and business man. Since then this message has been kept in secret organizations throughout the world.

It was a simple message for man to turn from seeing himself as the lower false self image – the negative ego, to the higher self image - the Divine within – the Divine ego, The higher self image of Divine beauty knowing his birthright of wealth, health, joy, peace, right living and happiness. This is explained later in the book.

Many of you, right now, are feeling the call of your heart, calling you to come home, which is your true - Divine state of being. **Some of you are feeling spiritually homeless you have looked far and wide to find your place in life but did not find it.** Many of you are experiencing mystical visions, stronger intuition, synchronicity, hunger for truth, deeper awareness and noticing a shift in man's consciousness towards meaningful spirituality. Also many of you have received 'A Truth' and want to help humanity in its evolution of life but don't know how and what medium to use. I say use what you love, be it writing a book, music, teaching, making a film, internet, television, singing in the street - just do it. Do not fear what other people will think. Do what you can. I am calling many of you now all over the world to rise up and help humanity, help one another in the evolution of life.

Others of you are feeling a deep sense of frustration about

the meaning of life. Some of you reading this are feeling suicidal, you cannot cope any more with the emotional pain deep within your heart caused by the wrong self image within you and your wrong beliefs about yourself, causing you to attract more of what you don't want in life.

I will show you, in this book, how to change the wrong concept of yourself and resurrect into the new you. The original beautiful you, with the right self image your Divine ego that will give birth to right actions, thinking and feelings within your mind. Setting you free to create wealth and happiness in your life. I will show you how to work with the Law of Adding – Attraction – the ultimate Law of the Universe. Knowledge is power and to have the knowledge in how to use the Law of the Universe- Attraction wisely will make you an extremely powerful person over your life.

It is for this reason that I wanted this book written and in a way that is simple, easy to read and understand. May the Light in you bless you as you read on. Let us now go on a journey together as the book unfolds itself to you for self discovery, your true identity, knowledge, power and healing.

My eternal love to you

**Sri Sathya Sai Baba**



*To benefit fully from the teachings in this book, you must first understand that you are not your mind. You are awareness. Your mind is a tool for right thinking, therefore you 'use' your mind for thinking.*

*You are not your thoughts. All thoughts are visitors to your mind. Every thought that you think carries its own vibration of feeling. So in choosing your thoughts you choose your feelings.*

*Choose only the highest thoughts that are positive, happy and healing to your mind.*

*Be happy.*

*Sri Mahavatar Babaji*

# *Your truth begins with you*

## **THE APPEARANCE OF JESUS**

### IMAGINE

Imagine what it would be like to be only four years old again. You are playing in the kitchen pretending to feed your favorite teddy bear with a cream cake, when suddenly, with no warning, you see before you a powerful vision, that is so real to you, of a beautiful man standing right in front of you. You are captivated by his breath-taking beauty. His countenance is dynamic. He looks straight at you and as he does so, he emanates pure joy to you with the look of intense unconditional love in his eyes. He then smiles at you and the room fills with the scent of roses. He says nothing, but your spirit knows its Jesus. He then laughs and you laugh and you are suddenly finding yourself to be ecstatically happy and you want to dance with him as the fire of happiness burns in your soul with ecstasy and bliss. You cry with tears of utter joy and happiness. And so with teddy in your hand, you dance with him, jumping with joy.

Imagine what it would be like afterwards. The vision has gone and your little body has gone into shock and your parents are worried. But you don't care, you are so happy all the time crying with tears of joy and shaking all over. But your parents think you are ill and in pain so they immediately take you to hospital. Then they leave you to stay there for what seems like a week and you think you are there to meet Jesus again. And when the doctors and nurses come to do tests on you, you keep asking them when is

Jesus coming ? But no one answers you. So you wait and wait and he is not there.

Imagine the bitter disappointment when you get home and he still isn't there. So you grow up looking for this wonderful Being. Always searching, looking, but no matter how hard you try you cannot find him, so you feel lost. Then, you live your life as it brings you experiences of bullying, emotional pain, suffering, abuse, rape, illnesses, anorexia, rejection, broken promises, broken and dysfunctional relationships. With years of endless searching, after forty years you give up.

Imagine when you are at your lowest ebb one night there is a knock at your door. You open the door to two strangers. You don't know them but your spirit recognizes them. They call you by name and ask if they can come in. You are amazed because you sense that they know you and you wonder at yourself because you feel happy allowing two strangers into your home.

Imagine what it would be like when they start to speak to you. The room fills with the scent of roses, your heart skips. Their countenances are glowing and they smile at you with great joy. Then they look at you with Divine unconditional love. Their eyes penetrate your soul with the fire of happiness and passion for life. You find yourself happy and laughing in their company. Healed of emotional pain, the trauma of rape and anorexia. They talk to you about your life, they know you, but you don't know them - yet somehow you do. They talk to you about life and meaning. Then they share with you the original teachings of Jesus. Your mind opens up to understanding who you are. Inner peace and happiness bursts forth within you like lightening. Time stands still as you experience the sense of the wondrous eternal now, undisturbed by the distraction of any outside influence or noise. Then they leave you and as they go they tell you to write a book. Help others they say. But you're hopeless at writing and failed your English at school. They smile and say just do it. When they go you ask them

their name. Each replied, my name is I AM but you will now me as Sri Sathya Sai Baba and the other replied Sri Mahavatar Babaji also known as Haidakhan Babaji. You are totally unaware of the importance of these two at the time, yet you sense they are special beings. ( You do not realize that world leaders make pilgrimages to India in the hope of at least seeing Sai at his Ashram.) When they leave they give you gifts of an alabaster jar, notes on the lost teachings of Jesus, a new heart and a changed life.

May the teachings of Jesus, I received from Sai and the continuing teachings from Babaji, bless you as you read on. May your eyes be opened to who you truly are in Divine self image. Your reality, your life purpose, your identity.

## THE TRUTH OF YOU

*Cast off all negativity, it is a liar, a thief and a murderer when not confronted. Raise yourself up into higher thinking through self control. I dare you to think highly of your self. The grandest version of you.*

*You are magnificent but you do not know this so you believe you are not.*

*You do not fear the dark you fear you - the light. Who am I that I could be anything great you say ?*

*You are here to experience the grander version of you.*

*From The Lost Esoteric Teachings Of Jesus*

*Be you and you will know happiness.*

**A CONVERSATION WITH  
SRI MAHAVATAR BABAJI**

“One of the great original teachings of Jesus was about creating light out of darkness. Positive out of negative. He taught people how to make negative energy work for them.”

“How do you do that?” I asked Babaji.

“Negativity” said Babaji slowly, “the lack of knowledge and understanding of negativity is the great cancer of the world.”

“I thought negativity itself was the great cancer of the world”

“Yes and no,” answered Babaji. “I will explain, as this was one of the great teachings of Jesus. In the beginning was **darkness** - **negativity** and out of **darkness** came the **Light**. The realm of positive thoughts, ideas and inspiration. So in the beginning was **negativity** and out of **negativity** came the **positive**. And in the **Light** – realm – energy of the **positive**, all things were created through the Law of the Universe – the Law of Adding- the Law of Attraction. Therefore you can create light out of darkness.”

“How do you mean ?”

Babaji smiling said, “Listen, when you receive negative thoughts and negative statements from people, you start to believe

it at face value. Your mind takes it all in because that is its job, to think things over. And, as it thinks things over, it starts to imagine negative scenarios because it is also the function of the mind to imagine. Then you end up feeling negative because your head is full of negative thinking and imagination. Your mind is out of control, creating its own alternate imagined realities, which is fuelled by negative thinking. And so you have negative energy coursing through your veins and then you become negative.

When you have become negative you react negatively to your thoughts, people and situations. Then by the principle of the Law of the Universe- the Law of Adding (today known as the Law of Attraction) you attract negative circumstances into your life. (The Law of the Universe is also called the Law of Nature because it reflects the nature of your thoughts). In the days of Jesus it was called the Law of Adding. It was called the Law of Adding because what you added your attention to, the Law of the Universe would add to it. So if you thought negative thoughts you would have added negative feelings to your soul. And because you added negative feelings to your soul (your inner life) the Law adds to your outer world negative experiences. Then because you are experiencing negative circumstances you become more negative in your thinking and in your feeling, which adds even more negative outcomes. So negativity becomes the downward spiral of a living hell.

Now listen very carefully. Negative thoughts and statements from your mind and others are your enemy, only when not confronted. Confronted they can become useful.

“How can negativity be useful to me?”

“Because there is only One Power and ‘negativity – darkness’ is there to help you birth your creation. But humanity believes it to be otherwise, biting in to the illusion that negativity was an opposing power of evil. But you can use it as an opposing power for your creation”.

“I don’t understand,” I said.

“Okay, as Jesus always taught by telling stories I will give you a story,” said Babaji

### **The Wisdom Of The Universe**

Once upon a time there lived a little boy who had the dream of becoming a successful artist. But his father had dreams of him taking over the family business. So negativity came into play with the little boy. You will never be a good artist said negative thoughts to the boy. Your father has worked hard for many years building up this business and you are just going to simply walk away from it. How selfish of you. If you had any love at all for your father you would forget your silly dream and continue the family business. Anyway you can’t draw. So the little boy believed the negative thoughts as truth and grew up demotivated and depressed, until one day, as he was walking in the park, he noticed a man sitting under a tree. “When the student is ready the master appears,” said the guy sitting, cross legged, under the tree. “Are you talking to me?” said the boy, approaching the man. The man looked up and motioned with his hand to the boy to sit with him.

As the boy sat down the master manifested a sword out of thin air and gave it to the boy. “This is the sword of truth sharper than a two edged blade. It is called the Christ sword”. “What do I want with a sword?” said the boy. “Anyway you shouldn’t carry things like that. It’s dangerous.” The master smiled. “It’s metaphysical - no one else can see it. It slays the illusion of negativity, helping you to produce a positive outcome. Here, it is yours take it,” said the master, handing him the sword. “So why aren’t you practicing your drawing?” said the master. “How did you know I like drawing?” said the boy excitedly. “No one else knows about that except my father”. “You haven’t answered my question,” said the master. “Well, I can’t really draw. I’m not



much good at drawing really and I don't feel confident and dad wants me to carry on the family business when I am older," answered the boy. "So you have believed your negative thoughts as truth," said the master. "Well of course it is the truth," said the boy. "So why are you sad?" asked the master. "Don't really know I suppose I just am," replied the boy.

"Come here and I will show you the great secret of the universe. Come here and take my hand". As the boy took hold of the master's hand they entered into what looked like total darkness. "Don't be afraid," said the master, "just look". The boy looked up. "But it is dark," said the boy. "I can't see, I can't even see you it's so black". "Keep looking," said the master. Suddenly the darkness disappeared and the most beautiful Goddess appeared before them both. Her beauty was breath taking and both the master and the boy bowed before the Goddess.

### **I Am Illusion**

"I am she who is darkness and within the womb of my darkness lies your world of creation. I am illusion. I oppose you with negative thoughts and when I oppose you, you must learn to create your world through **confronting me**. Through confronting me you can measure your determination of what you do not want. When you know what you do not want, then you will know what you do want. I help you to clarify what you want to have, be and do. Then, when you know what you want to be, do and have, you work positively with the Law of Adding – the Law of Attraction with conviction and gratitude.

If you do not **confront me** you will believe your negative thoughts as truth. You will create by the Law of the Universe - the Law of Adding - Law of Attraction, more of what you do not want.

When you received the negative thought 'you will not be a good artist' the negative thought showed you how you would feel,

if you did not pursue your dream to be an artist. It left you feeling depressed. So you should have **confronted me** with the statement 'I feel depressed at the thought of not being an artist so I will make every effort to become an artist'. This establishes your desire to yourself that you truly want to be an artist. So you experienced that if you suppress your true expression of yourself, it causes depression. For depression is caused by lack of true expression. Again the negative thought establishes in you what you don't want. So you become clearer about what you do want, to be, do and have. When you know what you truly want to be, do and have, you will have gratitude and feelings of determination in your heart. Then you will be in harmony with the Law of Attraction bringing about right people, circumstances and opportunities into your life by the power of your conviction and gratitude.

The negative thought 'you should continue your father's business' should have established in you an even greater determination to be an artist and to find the courage to be who you are, find who you are, an artist and to your own self be true. So you should have **confronted me** with the statement 'to my own self I must be true'. For it is yourself that you betray when pleasing others at your expense. Then negativity would have left you because you had declared to yourself the truth of who you want to be.

And the negative thought 'I can't draw,' should have motivated you to want to learn. So you have to **confront me** with the words, 'thank you for saying I can't draw, so I will learn to draw and perfect my skills.' Then negativity would have left you for it has done its job. And you would have been empowered by your truth. But by not confronting it, you have allowed it in to your consciousness, believing you are no good at drawing. And as the negative thought will not go away until it has been confronted, it will eat you away with its negative vibration, attracting in your life more negative vibration and outcomes.

When you use darkness- negative thoughts, to see what you don't want and become clearer about what you do want. You bring Light out of darkness. Jesus said in his lost teachings when you see the light of day in darkness you have enlightenment. It's also called **alchemy of the mind**. But if you believe the negative thoughts as truth and you do nothing about it then it becomes your enemy and produces a bitter poison within you. For negativity will keep on until you do something about it. Unfortunately many of you react negatively to the negative thoughts instead of reacting positively, taking positive action that works for you in creating your world with the Law of Attraction. This is why the master has given you the sword of truth. Also called the Word. Negativity is there for a reason, it is not to be ignored. When it is ignored it becomes a constant nagging energy, leaving you feeling depressed, angry, suicidal and hateful. It becomes like a murderer, a liar and a thief to you. It must always be confronted. Because positive confrontation brings about right action and declaration of who you want to be, do and have, bringing about self empowerment through working wisely with the Law of Attraction.

### **The Law Of The Universe**

**The Law of the Universe – the Law of Addition – the Law of Attraction works whether you are negative or positive.** It is working all the time. There is never a time when it is not working. The Law of the Universe – Attraction is also called everlasting life. It always gives, it never takes away. It is always giving to you what you are focusing on with feeling. So if you are focusing at not being a good enough artist, that is what you will experience in your life. The law will bring about circumstances, events and people to give you the experience of not being a good enough artist. The Law is impersonal it does not differentiate between good or bad, negative or positive.

When negative thoughts assail you, confront it with what you do want, this helps to establish in you what it is you truly desire.

Then you focus and proclaim to the universe your desire with gratitude, thanks giving and conviction. The Law then will bring about your desire. And you will be free.” Said the goddess.

The boy understood and became empowered to follow his dream. He felt empowered to work with the knowledge of the Law of Attraction for a positive outcome and to no longer be the victim of ignorance. Both the master and the boy bowed to the Goddess in appreciation of her.

“Now do you understand the story of Jesus in the wilderness?” asked Babaji. “He went into the wilderness and fasted for forty days. He fasted his mind from negative thinking as well as fasting from food. Lucifer the bringer of light (who by the way is not Satan they are two different entities) came to Jesus with negative words to help Jesus clarify his passion, his mission in life. Lucifer’s mission was to tempt Jesus by testing his heart’s desire to be a teacher. To establish in Jesus what it was he really wanted to be, do and have.

### **The Testing Of Jesus**

Was Jesus going to confront the negativity and establish his desire as teacher or was he going to listen to Lucifer and be tempted to believe the negative statements. It is written in the bible that Jesus rebuked the negative words from Lucifer and did not absorb it into his mind. Jesus then became empowered with the knowledge of the Law of the Universe – Attraction and established his desire for his ministry against all the odds and opposition from the churches, that had to make way for him to do his mission.

Jesus being an Essene understood the darkness and the testing of the heart, therefore understood what was happening to him in the wilderness. He was prepared with the knowledge that you always confront negativity.

When you have a purpose in life it is usually met with

opposition, negative thoughts. When you meet opposition – negative thoughts with positive confrontation, you move forward using the law of attraction properly with conviction, bringing about positive reality. Jesus understood that many people had lost their way and forgot to confront negativity. Instead they let the serpent – negative thinking - into their consciousness and became negative. As the Law of the Universe – Attraction - is impersonal working all the time, the people were trapped in negative outcomes, decisions, events and reaction. And therefore they lost their paradise of higher thinking – higher consciousness - the Garden of Eden. So Jesus spent much of his time healing people from their negative thinking, raising them up to be warriors of light working with the law instead of being victims to their own negative thinking and vibrations.”

# *Live your life to the full*

## **WHO IS GOD**

### **A CONVERSATION WITH SAI BABA**

“So who is God?” I asked Sai. His answer was simple. “He/she is of no sex. But God/ Goddess is supreme intelligence of higher consciousness. There is a blueprint of higher consciousness within every living thing and individual person giving life purpose. The blueprint of life permeates through every atom in the universe, programming its beingness. As God is Being - The Being behind all creations. For example **an oak tree is a Being programmed to be what it is in the acorn**. The seed of life has its enfoldment in Infinite Intelligence; **nothing exists without the blueprint of existence**. Scientists have now discovered the blueprint of life. Energy in the atom, molecules and cells. Intelligence is inherent in the make up of all life forms. Intelligence to be itself to procreate as itself and not to cross certain barriers. Call it programming, if you like, but it’s a fact of all living things. You are your part of God just as certainly as a rose in a garden is part of the blueprint and therefore God. The rose doesn’t question its position in the scheme of things. It knows it’s a rose. Only humanity asks the eternal question “Who am I ?”

“And God,” he said, “is not some wise guy sitting on a throne dishing out rewards to those who think they are good and punishment on those who think they are bad. God is a Supreme intelligence that we are all part of individually and collectively. God works through our higher consciousness, if we allow it.”

“How come there is an angry God in the Old Testament and a kind God in the New Testament?” I asked Sai. “Were there two Gods and did Jesus really rescue us from an angry God who was also supposed to be unconditional love! ? Did the father really save us from eternal damnation and send his son to be punished on our behalf, because his wrath had to be gratified?”

“In answer to your question, did God have Jesus killed in order to satisfy his wrath? The answer is NO. Neither did he have Jesus killed so that sinners can keep confessing – saying they are sorry every time they sin or hurt someone – in order for them to have a one way ticket to heaven. Jesus **was murdered by the negative, wrathful, collective consciousness**. And by allowing this to happen to him he exposed a negative human condition. He showed us how the negative mindset crucifies our right self image – the Divine ego ( Sons and Daughters of the God self image )

Thus Jesus showed **THE WAY forward for humanity. How to die to negative consciousness that crucifies us and how to rise into higher consciousness of the truth of who you are** – The Divine ego and mindset. The true resurrection of your soul, mind and state of being NOW.

### **Eternal damnation**

Eternal damnation means living in the hell and damnation of the negative mindset. As this teaching was eradicated in 300 AD it served the purposes of certain churches to initiate a God of wrath. Thus terrifying people to cling to the church for their salvation.

This became big business for many churches over many centuries.

And your answer to why was there an angry God in the Old Testament ? Don't think that the bible is just about God. It is about people. How do you think God and great teachers teach ? They do what they call mirror imaging. The God in the old testament was mirror imaging the people. Showing them the wrath of their negative mindset and self image – the negative ego – the law of death. The New Testament is about unconditional love, the positive mindset and the Divine self image – the Divine ego – the law of life.

Whether we like it or not there are two laws at work in consciousness. One is the law of death, that operates in the negative mindset creating a negative ego and the other is the law of life – the positive mindset that creates the Divine ego. Because there are two laws that operate in human consciousness, the law of death and destruction and the law of life and fulfillment, you just have to be aware to be in the positive mindset, so that you can live happily in the right mindset.

“So what was the real message of Jesus ?” I asked.

“Salvation and resurrection of the mind and soul in life NOW,” said Sai. “And bringing people back to understanding who they are. He taught the importance of Being and seeing yourself in the right image and the power of the Word that brings bliss and healing to your soul. Giving resurrection of the soul and mind to the ‘God-self’ within. Jesus called this the kingdom of heaven within.

He also taught the principle, that in everything there is a law at work. For instance with gravity we have a law of gravity. So with consciousness we have the law of consciousness. The law of consciousness is feeling following thinking. And with feeling following thinking brings about the Law of the Universe- the Law of Attraction to what you feel. This is the law. Just as when you



jump up you will come back down on the floor with the law of gravity. The law of gravity is there to serve us in keeping us grounded on earth. But ignorance of the law of gravity can lead to our death if we believe we can jump out of a window and not get hurt.

### **The Law Of Consciousness**

People were ignorant of the law of consciousness. Making them ignorant of the fact that thoughts created feelings. In consciousness we have negative and positive energy – consciousness. And, to keep it simple, we have negative thinking which creates negative emotions and positive healing thinking which creates positive feelings. Jesus taught that negative thinking creates negative feelings, it causes us to look to others to make us feel good. So we give our power away to others in the hope they might be able to make us feel better about ourselves. The positive mindset creates positive healing thinking towards oneself, causing one to feel empowered by the positive feelings. For man was made to feel good about himself. (the image of God – the image of good)

So if a man thinks negatively he is operating under the law of negativity – also called sin. The law of negativity is death and destruction. But if a man is thinking positively, he is operating under the law of eternal life and fulfillment.

In days gone by negative thinking and its effects were called the wrath of God. That is what negative energy is. It is wrath, death and destruction towards oneself and others in a destructive manner of thought and emotion. That is its blue print, that is its negative, destructive function.

Jesus came to expose the law of negativity. He told his students to pick up their cross and follow him. What did he mean?

Jesus, in being crucified, hung on the tree of illusion. The tree of illusion represents the false self image – the negative ego. In other words mankind sees himself negatively, creating a negative self image called the negative ego which metaphysically crucifies him. Attracting negative circumstances and being attracted to negative events, reaction and people. Jesus told his students to look away from seeing themselves negatively and to stop allowing negative situations or experiences to influence their self image in a negative way. Thus, while you are being crucified by negative thoughts, emotions, situations and experiences, you detach from them by no longer identifying your self image with them. This was Jesus's powerful message from the cross. He detached himself from what was going on around him overcoming all negativity at its worst.

The law of negativity demands blood be spilt. That is its law because ultimately negativity is death. And Jesus came to expose that by allowing his blood to be spilt, Demanding that blood be spilt is the wrath of the negative mindset, the law of death that operates within the consciousness of man. Jesus detached himself from all the hell that was happening to him by not letting any negativity influence him.

At his deepest level of pain and humiliation Jesus did not allow the negative situation to influence how he saw himself. He was able to put to death the power of the negative mindset by remaining detached from its influences. He did not react to negativity like mankind does. Mankind believes its illusions are truth. Jesus was happy being himself in his true identity – the right self image, called the son of God, the Divine ego. He remained in his truth. Seeing his reference point of Being, his true self image, from within and not from what was happening to him. He remained detached from emotional pain by being happy with who he was in his right self image. Jesus showed, for the first time by the shedding of his blood, the way forward, by overcoming the pain of the cross – obliterating negativity with detachment.

He taught people how to put to death the law of death by no longer identifying themselves with the negative mindset that causes them to see themselves in a negative way. Creating in them a negative illusionary ego that operates under the law of death and harm to themselves. Then his students, once set free, could see their true identity – their Divine self image. And when they saw themselves for what they truly were they had resurrected to their true inner state of being and lived rightly with the law of life – law of attraction and fulfillment.

Unfortunately people, have been conditioned to believe the worst of themselves from centuries of religious brainwashing that has made man believe he is born in sin instead of under the law of sin – negativity in human consciousness. Blinding him to his true birthright of knowing his ‘God-self’ within as creator of his life. Leaving people in the dark and forever questioning who they are.”

*Use your mind for right thinking.  
Be positive about yourself.*

*Be true to yourself. Be kind to  
yourself.*

*Be you.*

*From The Lost Esoteric Teachings Of Jesus*

# *Remember Who You Are*

## **JESUS: TIMELESS LORD**

Over 2000 years ago one of the greatest metaphysical teachers of all time came with an outstanding mission to set mankind free from the greatest lie ever. The lie that man believed about himself. That man believed he was the negative ego imprisoned by negative thoughts and a negative mindset causing him stress, illness, depression, lack of confidence, self acceptance, inner happiness, inner peace, awareness, self expression and destructive circumstances. And to wake them up to an understanding faith. As King Solomon said in the Old Testament: **“Above all things, get understanding.”**

No longer were the people to be led astray putting their faith in their leaders. Jesus called this Blind Faith - the blind leading the blind. At various times, throughout his mission, he often accused the leaders of being blind guides who used the emotion of fear as a weapon to have power over the masses. Making people conform to their will, but calling it, The Will of God.

His fearless rebuke towards the leaders and his popularity among the people made him extremely unpopular among the religious authorities.

Here was a dynamic man who was not afraid to speak up for the people and who spoke with words of unwavering authority. Jesus came with revolutionary teachings that attracted the crowds in their thousands. His teachings were simple: He exposed the human condition without condemnation and was able to show humanity the way forward. He taught the masses deliverance from the Kingdom of Hell within themselves, to the kingdom of Heaven

within themselves. Releasing those who were living in the misery of the negative mind set into truth - the reality of living in the Light. He taught people how to use the power of positive thinking, (which was called healing thinking in those days) words, feeling and being. To bring life to their souls and healing to their minds. Bringing humanity back to the Garden of Eden, when man functioned in the higher consciousness of knowing who he was in his true identity. Therefore living in the fourth dimension (The Single Eye of Focus) of ultimate fulfillment where needs and desires are fully met through right vision, actions, inspiration, intuition, revelation, attraction and right decision making.

“The Tree of Life”.,

**Proverbs 13v 12 states “ Hope deferred makes the heart grow sick, but a longing fulfilled is a tree of life”.**

Jesus came not to create a new religion, but a way of life that mankind had experienced before the fall from higher consciousness – positive thinking to negativity. He came to reveal the truth that mankind was operating under the law of negativity, the law of death in human consciousness, producing negative thoughts, feelings, decisions and states of being. He told them to crush the enemy of negativity under their feet. Feet being the symbol of understanding. In other words, he told them to crush their negative thoughts – man’s enemy within - with understanding. For, as we know, understanding something is having knowledge and knowledge is power. Once you know something you can see, for you are no longer in blind ignorance. You will no longer be led astray.

### **The Negative Thoughts**

Jesus told the masses that negativity unfronted was like a robber, a liar and a thief to a man’s soul and mind.

He explained that guilt made it impossible for them to enjoy

the simple pleasures of life and to attain success for themselves. Thus robbing them of their inner joy and direction.

Doubt would rob you of the ability to make the right decision. The decision you know you should take. Thus forcing you to miss your goal in life.

Uncontrolled anger. It can scream at you to kill, to maim, to frighten and to hurt. Consuming your heart with emotional pain. You forget who you are. You forget how to love and forgive yourself in the Light, to go forward with your own desire and vision.

Hate eats you up from the inside until it consumes your mind - you can think of nothing else. Your mind is robbed of right thinking.

Jealousy and envy will lie to you, saying that you cannot have things, that you are worthless. You are robbed of your self esteem.

Depression robs you of self expression caused by fear. Fear robs you from being who you are.

Anxiety strips you of your courage, causing you to listen to its lies.

And worry eats your time away.

Jesus taught that all negativity should be confronted. You should see it as a sign post of warning to walk the other way.

### **The Law Of Negativity**

The law of negativity (The Race Thought in human consciousness, also known as the law of Karma) comes from the tree of illusion. The tree of illusion is the false I AM within you. The false I AM the wrong self image the negative ego you believe

yourself to be. For instance I AM a failure is a false self image, an illusion. A belief in this false image creates in you a negative mindset. Then your negative mindset reinforces your belief about yourself. Maintaining that you are truly this wrong image that you are indeed a failure. So a circle is formed within you called karma. What goes around comes around within man's thinking, feelings and beliefs about himself. The circle represents the law called karma and if it's negative it will have its own law of destruction and illusion. This brings about conflict within man. This has resulted in humanity experiencing the terrors and contradictions inherent in himself and others causing wars and destruction. Humanity has stepped outside of the bliss that is inherent within itself. Leaving mankind hungry for the fulfillment that it once had. (The Tree of Life the right self image).

Jesus taught in whatever way he could, to reach the people. He used stories and surroundings that people could relate too. Like Shakespeare, his teachings were timeless. But unfortunately a lot of the teachings of Jesus have been hijacked for the prosperity of the church instead of the prosperity of man's soul.

### **The Word**

He exposed the human condition so that humanity could know its enemy thoughts and know how to deal with them. All the lies, destruction and negative thinking that adversely effects health, life and circumstances. Apart from releasing mankind from the law of Karma, to a life in spirit (The Way) with positive thinking, feeling and Being he also taught them the power of The Word which he called the keys to the Kingdom of Heaven. The Key Words, that resonate with your soul and unlock your mind to truth and the realization of who you are in the Light. The very same Key Words automatically lock away illusionary thoughts (Negative thoughts).



Thus man could enter through the door of higher consciousness of knowing who he was with positive thinking and Being. Thereby re-entering the Garden of Eden within. Here man could, again, eat of the Tree of Life and be filled with joy knowing his Godself within as a provider of good will towards him. Jesus taught that God was the giver and the gift. And man the receiver. Man did not have to earn God's approval by the sweat of the brow. It was a gift. But Jesus taught a method. A law which was a spiritual law of awareness working with higher consciousness. Allowing positive healing ideas to flood conscious thinking and to eliminate all negative thoughts with the Word. The Key Words of Jesus that he called the Keys to the Kingdom of Heaven.

## THE KEY TO YOU

*You have forgotten who you are in your lower thinking when you think negatively. Eliminate your low self esteem, your negative ego, your procrastination, your inability to respond to opportunities, your own denial of your Divine ego and potential.*

*Remember who you are.*

*You are wonderful, sensational, dynamic, magnificent, and talented.*

*I dare you to say these things about yourself. Raise yourself up from seeing yourself as the lower self image to seeing yourself in the higher self image.*

*From The Lost Esoteric Teachings Of Jesus.*

# *The real you*

## **BEFORE THE FALL OF CONSCIOUSNESS**

As the story goes there were two trees in the garden. One tree was called the tree of life and the other tree was called the tree of illusion. The trees represented the self image. So the tree of life represented the Divine image, the true identity of man - the Divine ego, man made in the image of God. And the other tree represented the false image, the negative illusion – the negative ego. Man was tempted to see himself negatively and when he did, negativity blinded him to his truth about his right Divine self image. As man's eyes were opened to the negative belief about himself he found he was naked. **No longer clothed in the truth of who he really was.**

Before the fall of mankind into negative thinking Adam, (meaning the mind) and Eve (meaning emotion) functioned only in The One Power - the joyous vibration of knowing who they were in right self image, positive thinking and Being. Otherwise known as the Super conscious Mind, Higher Consciousness, The Light, The Divine Mind, the realm of perfect ideas, the source of all life and Infinite Intelligence – in a word - God.

Humanity knew only the bliss and ecstasy of living in this positive vibration called the Tree of Life, knowing who they were.

Whatever man desired or required it was made manifest by divine provision. The divine provision worked by the spiritual law of awareness working with the Law of Addition - Attraction. Knowing their true identity, the image of the Godself within, or the Light within, as the giver and the gift. And man as the receiver.

The ultimate joy was to know that God was dedicated to fulfilling all of man's needs and desires. In the Garden there were no weeds of negative thinking to tend to. However man was warned that if he ate of the tree of illusion he would fall and create for himself a false negative image within him. Causing him to see himself negatively believing he was no good. So he would die within from fear and the self destruction of wrong thinking.

**Why would he die?**

**Was it a punishment as recorded?**

No, it was not a punishment. Man, once he ate of the tree of illusion, bit into the belief of seeing himself negatively causing him to have a negative image of himself. The dark thoughts would then convince him that he was not worthy. That he should fear God (The Light). Doubt would be sown into the mind of man about himself and God within. Thoughts, such as you have done wrong, you are bad, you are guilty, shame on you, God doesn't love you, no one loves you and God will punish you prevailed, and created in man an I AM bad image. Negative words, like the opening of Pandora's box, flooded man's mind like an unwanted torrent holding him captive to their lies and false self image of himself.

God knew the downward pull of negative thinking and negative self belief and that if humanity believed in it, or bit into it, lies would become truth. Then man would be blinded and cut off from seeing his true state of Being - his God self within - alienating himself from the knowledge of the Supreme Being. Thus causing a void within his soul and cutting himself off from his Divine provision, positive healing thoughts, feelings, being, ideas, Divine guidance, revelation, inspiration, Divine love, intuition and perfect alignment with the Law of the Universe- the Law of Attraction. God without, manifests himself as the Gift of positive events, circumstances and material provision.

But as the story goes. Adam ate of the tree of illusion of seeing himself as the negative self image instead of seeing he was the image of the Divine. Adam then fell into a deep sleep dreaming about his wrong self image as reality. So man fell into a negative nightmare and stress, conflict and fear became his God. Fear became a veil within, to hide the Light within man of his true identity.

Through the fall man and womankind forgot they were sons and daughters of the Light. Fear blinded humanity and feelings of despair, murder, homelessness, lack, depression, unfulfilment, emotional pain, guilt, shame, self hate and self harm were born and cursed mankind ever since. And most importantly, fear of themselves, each other and God.

*Live your truth and you will find  
your life.*

*Don't just talk about your truth,  
live it, be it.*

*Your truth begins with you. To  
yourself then be true.*

*From The Lost Esoterical Teachings Of Jesus*

*Live your truth*

## **ADAM AND EVE**

The original story of Adam and Eve was told as this;

### **This is a story of an individual**

Adam the Mind and Eve the Emotion were in perfect alignment with each other in positive thoughts and feelings. They had become the tree of life, having all their needs met through perfect alignment with the Law of the Universe (known today as the Law of Attraction) One day the serpent - negative vibration - spoke to Emotion. The Emotion was affected by the negative vibration and became it. Emotion became negative and effected the Mind - thought and became negative thought. Now Mind and Emotion became the tree of illusion, no longer adding to themselves their Divine provision but were adding to themselves negative outcomes having lost the garden of Eden consciousness.

So instead of the story of Adam and Eve being about yin and yang, male and female energy, Shiva consciousness and shakti energy, the mind being male and emotion being female in the one individual, lies were born. The first lie from the story created the tale of two separate people - the opposite sexes. Thus was born blame and the concept of divide and conquer. Man and woman becoming opposing powers. The woman was blamed for sinning against God first, then sinning against her husband - tempting him to bite of the fruit.

This false tale has misrepresented women for thousands of years. Burdening them as perpetrators - bringing down mankind by being temptresses. And men have been angry with women ever since. Anger, deep in their subconscious mind, against women for

having sexual power over them. Why? Because deep in the psyche of everyone, courtesy of religion, women are seen as evil in their temptress like sexual power. So female sexuality equates to sin. Therefore everyone born from a woman must be sinful. Men feel angry, in their subconscious, because they have a need for sex with women to fulfill sexual pleasure, which Infinite Intelligence gave them in the first place. Men and women are programmed to have sex, sexual fulfillment and pleasure.

Sex, being misrepresented as a sin, was born from the concept of man believing in his negative false self image. From this dichotomy we have human consciousness operating under the law of sin (negativity) causing conflict in ourselves and in relationships, leading to conflicts in all aspects of life. Women, however, in their subconscious mind are rapt with guilt for their sexuality and their prowess as temptresses in sexual play. But in fact that is their sexual identity - The Goddess Within.

The tree of illusion tells you that you're no good. This has served the purpose of many leaders throughout history, who use fear as a motivational force to gain financial superiority and power over others.

Now we have wars on all levels. Mentally, emotionally and physically. Wars happen. They are not an illusion, but the original belief in them is an illusion. So now we see, as a result of man believing he is not good enough, man creating within a false image of himself. Creating wars, destruction, inhumanity to man, murder, division, hate, greed and fear - the list goes on.

Jesus tried to teach humanity to look away from looking at themselves negatively – born on false foundations - and to look to the Father within, the Light within, Infinite Intelligence, God who knows the way forward for every individual, even before they ask.

As it states in the Bible, before you have asked I have answered you. There is a way out of any situation and problems for



you. Infinite Intelligence knows the way out for you, even before you have asked. This was intended to bring humanity back to the One Power of higher consciousness.

The end of the world is an oft quoted demise of human kind. But, in reality, it means the end of our false world. The world of believing in our false self image of ourselves. When man recognizes this and Infinite Intelligence within there will only be One Power, The Light. Humankind will re-enter The Garden of Eden - Consciousness.

*Do not define yourself on the opinions of others and negative circumstances.*

*Know your Divine truth within you. And you shall know yourself to be. For the Law of the Universe is Divine Truth.*

*From The Lost Esoteric Teachings Of Jesus.*

*We are what we think about ourselves*

## **JESUS**

### **THE GREAT ALCHEMIST OF THE MIND**

Today it's called reprogramming your mind. Jesus, used in his day, the method called Alchemy of the mind - the Essene secrets from ancient Egypt that got lost in 300AD. He used the method of transforming people's minds from thinking negatively about themselves to thinking positively about themselves. For how you see yourself is how you create your self image. And man was made to see himself in the image of the Divine, which is seeing himself as health, wealth, abundant, creative, happy, and successful. Once in this vibration you work in harmony with the law of the Universe – the Law of Addition – the Law of Attraction. Jesus understood the mathematics of life that a negative + positive = a bigger negative. Positive thinking does not work if you have a poor image of yourself, which is your predominant negative truth.

So Jesus always dealt first with the negative, pre-dominant thought on how people saw themselves, before reprogramming them to a positive mindset and self image. He released them from their illusion about themselves, their negative truth. For anything we believe about ourselves has to be our truth whether negative or positive. Because the mind will only accept information into the subconscious mind if it believes it to be the truth.

#### **Negative And Positive Truth**

When Jesus spoke to the people and they believed they did not deserve love, then that was their negative truth. To them it was not a lie. So Jesus had to deliver them from this way of thinking by showing and exposing to them that all negative thinking not confronted was self destructive and a lie. That it murdered their

self confidence and self esteem making it impossible for them to live their lives to the full.

So Jesus called negative thoughts, a murderer, a liar and a thief. Then he would show them how to see themselves in a different light. The light of truth and to have a positive thought about themselves. Then they would be ready for alchemy of the mind. He would reprogramme their minds to receive positive thoughts, helping them to believe it as a positive truth about themselves. For the mind to receive it as a truth and take it on board into the subconscious mind, it has to be logical.

He appealed to their nature of need and ultimate deepest desire – the cry of their soul which is logical to the mind. For the soul always cries out our inner truth to us of our deepest desires and wants which are buried under our negative truths, that other people have imposed on us, to believe through the course of our lives. This is called soul searching and when we listen to our soul we are hearing our positive truth. So to yourself then be true. The truth that always silently cries out to remind us of who we are and what our deepest desires are.

When you read the lost teachings of Jesus, in the next chapter, I have put the word positive in the wording, but in his day the word would have been called healing. However the word means both. Positive words have to be accompanied with a feeling of healing to the person's mind otherwise it simply will not work. Jesus was about healing the minds of the people with a healing positive word that worked for them. A negative mindset causes inner emotional pain and only a positive healing word can heal the wounds.

By your wounds you are healed. Light comes out of darkness. The negative mindset has to be healed. The magic of Jesus was bringing Light out of the dark mindset and healing it with the Light. Thus the seemingly opposing power of darkness is healed by the love of the Divine Light and becomes The Light. As

you read on may the eternal Light show you what is right for you.

*Do not let the envy and jealousy of others distract you from your life's purpose and goal.*

*Remember, nothing can be achieved without perseverance and self discipline.*

*From The Lost Esoterical Teachings Of Jesus.*

**THE LOST**

# ESOTERICAL TEACHINGS OF JESUS

I have come to fill the void within you with the living, healing, positive Word of Light and understanding of who you truly are. I have come to open your eyes to your true identity - the beauty of the Supreme Being within you. The Being who knows only Divine love and who is constantly thinking loving thoughts and goodwill towards you. Why will you not unite yourself, your being, with the Supreme Being behind all things ? The Being who is always loving, kind, generous, happy and everything that is good and positive in the healing vibration of life. Will you not live, move and have your being in the Supreme Being - your home of positive healing vibration and Divine love?

I have come to redeem man's soul (feeling nature) and mind (thinking nature) from negativity to positive power within. Using the healing word is positive power, sharper than a two edged sword, slaying the illusion of negativity.

A redeemed mind and soul becomes an inner conflict no more. No longer does the feeling nature wage war against the mind. When it did in its negative state. But redeemed, the two have become One Power in happiness. When the two are aligned, prayer is answered. Happiness and peace reign within you, in harmony with the Law of the Universe - the Law of Addition.

When you meditate upon a positive Word you will no longer feel empty within your soul looking for that something to fill your void. Your void of discontentment and unhappiness will be no more as it has been filled by a positive vibration Word which is life giving.

My positive good news and Word expands and heals your

mind and soul to overflowing, (for my cup runneth over).

Love means good will to you. I love you without constraint, for I wish above all things that you may prosper in all your ways.

My goodwill for you is that you take a positive Word that works for you and eat of it until it becomes manifest. For then you will have eaten the bread of heaven. Chew the Word over and over in your mind then swallow it (take in) into your soul and feel the Word fill your soul with happiness, fulfillment, joy, thanksgiving and praise. Then pick up your cup and drink of me - the fountain of life - the new wine and drink deep into your soul the knowledge of my goodwill for you in the Word and you shall be drunk with happiness.

I have not come to condemn, but to save mankind from soul sickness (feeling oppressed and bad about yourself) for the soul must be fed every day with good feelings generated from the Word in the mind. Man cannot live without the joyous life giving positive Word - the bread of heaven.

The kingdom of heaven is within you when you fill your mind and soul with a living, healing, positive Word. Many of you are living in hell with feelings of depression, despair, lack, emptiness, futility, self-hate and harm. (The void). I have come to drive these negative thoughts and feelings out to the nothingness from whence they came and to fill you anew with the Light, joy, healing and the Word.

Be not afraid and work with me to become whole and new. For it takes 40 days for a truth, a positive healing Word, to sink into your soul. Come and fast from eating negative words and thoughts that make your mind, soul and body sick.

Do not eat negative words for these are forbidden foods that make you sick.

Say no to temptation (Listening to negative destructive



thoughts as truth). For it will only bring about negative events in your life.

I have overcome every negative thought. Use a Word of healing for victory in life.

Your enemy is your belief in negative thoughts. A positive, healing Word has the power to bring down those strongholds in your mind.

When you eat your meal, bless your meal with positive uplifting talk. If you eat your meal with negative talk you will have indigestion, acid, stomach problems and unwanted weight gain.

What you think, you become in the soul. And the soul brings about manifestation (Soul-attraction). If a man thinks negative thoughts about himself he will suffer in his soul, a negative ego. And the negative feelings will bring about negative situations through negative decision making. But, if a man is thinking upon a positive Word, he will feed his soul to overflowing and he will become the Divine ego and will attract to him what he feels in his being through right decision making. All is vibration.

Positive thinking alone, devoid of healing feeling, or in conflict with negative thinking, does not bring about right manifestation. For a mind divided remains in chaos and brings about conflicting and confusing situations.

Like Abraham, do not look to your circumstances that cause you emotional pain, but look within and see the healing law at work. The law of your inner world of imagination. He was called by faith, Father of many when he had no children. He had to feel and see in his inner world, in his imagination that he was a father already. Which brought healing to his soul and manifestation in his life.

Aligned right feeling with right thinking is faith in action. For without faith in action your work is dead in negativity.

To sin is to be negative about yourself so you sin against yourself when you are negative. Creating a negative ego in you. You are cut off from your god self within, when you are in a negative state of being, making you blind to your true state of being.

You are not born sinners (negative) but are born under the law of sin (negativity), which operates within human consciousness and feelings.

I have come to release you from the law of sin (negativity) and to uplift you to joy, grace, happiness and truth.

Take captive every negative thought that violates your mind and replace it with my Word of healing that brings you joy.

Do not wage war on your enemies (negative thoughts) but replace them with a positive healing word. The Word will win out in the end, for it is life.

Be watchful of your mind for your thoughts create your feelings and feelings bring about manifestation.

Thank your negative thoughts and feelings for showing you what you do not want. So that you can change your thinking and bring about what you do want through right manifestation.

When you thank darkness – negativity you have separated yourself from believing it to be the truth. You will then see the Light in darkness and you will have enlightenment.

Condemn not your negative thoughts, but confront them. Just remain detached from their lies even if they feel like the truth.

Do not be dismayed when you are overwhelmed by dark thoughts. When this happens sing a song that works for you and

use a healing Word that will uplift your soul. When you raise your vibration level things happen. Just as the walls of Jericho collapsed when the people sang and raised up their feeling nature to joy, so too your wall of Jericho will collapse. That negative wall (negative consciousness) that has been built up in your negative thinking and feeling nature.

You are not your mind. No more than you are your feet, hands, eyes or ears. You use your feet for walking, you use your eyes to see. You should use your mind to fill yourself with right thinking. You have power over your mind, to be still, to replace negative thinking with the word of love.

You are not your mind you are awareness. You are aware that you are doing something, watching something, eating, singing and talking. You use your mind for thinking. You are not your thoughts. All thoughts are visitors to your mind. They are either negative or positive, harmful or healing. Choose your thoughts carefully. All thoughts influence how you feel. Choose which visitor you are going to allow to influence you in your mind as you think the thought.

People, who think they are their mind, feel powerless. They think they are the negative thoughts and believe them to be who they are in self identity. By believing that you are your mind - you will abdicate control of it. If you do not control your mind other people, as well as negative thoughts, will control it for you.

I have come to set you free, so that you can control your mind and understand how to work with the Law of the Universe - addition.

Do not waste your time and energy lusting after things (daydreaming without conviction). But believe these things can be yours through my Word. (Being awake to opportunity, intuition, inspiration and revelation).

When a difficult situation arises in your life, do not judge it as bad. See the difficulty at face value. Don't let it colour your judgement - use my healing Word to continue your path and to exploit your opportunity.

You are my witnesses to the demonstration of God Power (Feeling Good about yourself – creating in you your right self image.)

Die to negative thinking, the negative ego and mindset. Become a new person, the real you in positive thinking – the Divine ego. Expand your entire being of feeling good about yourself. Then the Law of the Universe- the Law of Adding will bring about more for you to feel good about. For the Law of the Universe adds to what you are feeling, thinking and believing.

Negative thinking leads to death of your being. For it is the law of death reigning in your consciousness and feelings. You become a living dead person. This leads to despair, depression and potentially to a death wish to kill yourself and others.

You live in the kingdom of hell within. Burning with the tormenting fire of emotional pain. Life seems futile - not worth living - so you try to escape, but there is nowhere to go. "Who can help me?", you cry! Oh how dark the darkness can be. It drags your soul, your feeling nature, down to the endless pit of despair. Where is love, peace, inner happiness and joy? Can it exist for me? Where is this God? Who is he? For surely he has condemned me to this negative state of being!

Turn to the healing Word of life. For you are a vessel to be filled by the life giving Word which nourishes your mind and soul. Repent (change your thinking) and your mind and then your soul will resurrect to the heaven state within of peace happiness and joy.

I knock on the door of your consciousness, let me in. Open

the door that your mind might receive my Word with healing and joy.

Oh mankind, you have crowned yourselves with the crown of thorns, that cause you great pain. The thorns of negative thinking cause you to weep. I shall release you from your man made crown and replace it with the golden crown of liberty, love, happiness and peace. I shall crown you with my Word, which is Light and full of victory and joy. You shall be king of your own mind.

I have not come to create a religion. I have come to set mankind free from the illusion of his negative self and mindset, that causes emotional pain, to happiness within the higher conscious self.

Be happy.

The purpose of your life is to feel joy. I have come with good news. It's ok to be happy. Choose to be happy.

When you choose to think positively about yourself and your soul feels good with vibrations of joy, an inner marriage has taken place between your mind and soul (heart). Therefore let no man put asunder what God - the healing Word - has joined together as one. For the mind is the husband of the heart and the heart is the wife of the mind. Own your joy and do not divorce yourself from your joy. (This teaching is today misrepresented as marriage between two people)

Let no one tempt you to lose your inner joy and peace.

Mankind is One in the Light of his mind and soul of feeling good. But divided in negativity.

The wages of negativity are death, division, war and destruction.

Praise one another and lift up the vibration of each other's soul by wholesome positive healing speech.

Man must look to the Light and the healing - positive Word within for his salvation from negativity.

Receive and believe, I want you to be happy.

Be content with what you have and raise your joy. When you raise your joy, all that you desire will be added to you.

Do not focus on what you do not have lest you add to yourself more of what you do not want.

Curse not yourself with negative thinking. Change your thinking.

Do not allow the jealousy of others to rob you of your happiness and joy.

There is only one power (One Power) and I have come to point the way. For it was mankind who ate of the tree of illusion which caused him to see himself negatively. All evil comes from man's own negative, vain imagination. It's an illusion and can be overcome. Transmuted by goodwill, truth and change of thinking within.

Being yourself, bringing joy to your soul is healing yourself.

To know me is to know yourself. You are meant to be happy. Lift up your downcast soul and believe in goodwill. Do that which makes you happy today.

Inner happiness comes through feeding your soul with the right word. By the Word you either have life or death. Choose life. For a healing positive Word is bliss and bliss is food to your soul.

A negative word causes bad feelings within, which leads to hate, harm, vengeance, war and murder. A positive, healing life giving Word gives you happiness, laughter and joy.

When someone strikes you with negative talk do not fight back with negative speech. But turn the other cheek with the Word

of life for them. Then speak to the Light dormant in their mind, so that they may remember and wake up from their illusion of themselves – their false identity. The negative ego and false beliefs about themselves, that has caused them to speak negatively to you.

Help others to feel good about themselves. By this method you are raising up people's consciousness and soul to feeling good - leading you to prosperity.

Send good will and positive thoughts to others and receive from them their good will to you in imagination when you meditate.

Be filled constantly with my healing Word of life.

And your God within you said let there be Light - the Light of your salvation. The Word of Divine love, goodwill, peace, kindness, happiness and joy. And in this vibration all things were created through the Law of Addition.

Create your life consciously with a healing- positive Word. Through the positive- healing Word in harmony with the Law of the Universe – the Law of Addition. All that you desire will be added to you.

Man has God within - his image. So he must speak a positive - healing Word as a god to his mind and soul and the Light within will rekindle and darkness within will be overcome. Light in you the hope and glory.

Your work is to be aware, alert and ready. Replacing every negative word and thought with a positive Word and thought. This is your work. Don't fall into idleness, lest your mind wanders back into the dark state of thinking negatively.

Sin is being negative. So to commit a sin is simply being negative. You fall short of who you really are.

Do not hoard your money at the expense of yourself. Give to

yourself and enjoy the fruits of your labor.

Own your money, be a wise steward. When you give, give a little here and there in love. Do not release your money to those that use fear as a motivational power.

It is easier for a camel to go through the eye of a needle than it is for a rich man in negativity, to enter the kingdom of heaven within. He wrongly uses the emotion of fear on others to gain his great wealth.

Think with your own mind. Make your own choices. For God has set before you limitless choices, for you to decide, with your own free will, what you want to be, what you want to have and what to do in your life. It is your responsibility to ask yourself what you want and to take what he has provided. Believe you have already received. Because the idea - vibrational choice - is already there. Before you have even called, I have answered you by my provision of choice through the Law of Addition. As above so below.

Do not define yourself on the opinion of others and negative circumstances.

Do not try to change others, forcing your will upon them. Change only yourself - be an example.

And he said to Peter who do you think the I AM is and Peter replied the I AM is the key foundation to life called Christ ( The Divine mind, the Divine self image, Divine ego ). And Jesus replied, Peter you have received a revelation of the true self and upon this truth is given you the keys to the kingdom of heaven within.

Upon this truth, my life giving Word, I shall give to you the keys to the kingdom of heaven within you. For the keys - my Key Words - shall unlock your mind and soul to the good feelings of happiness and joy within you.



I will give you the living Word - the Key Word - that will click with your mind and resonate with your soul. To raise you up in to knowing who you are, the right identity of you, causing happiness within.

Seek first the kingdom of God the feeling of happiness, joy, peace and abundance. Then all your desires will be added to you. For the Law of the Universe- the Law of Addition is life everlasting always adding to you through your feeling and thinking.

If you are negative, the Law of the Universe – the Law of Addition, will add to your thinking and feeling experience, more things to be negative about in your life. Why does it do this you ask? Because the Law of the Universe – the Law of Addition is always adding to you whether negative or positive. (Law of the Universe – Law of Adding - known today as the Law of Attraction.)

And the Word said, let there be Light in the hearts and minds of humanity that they might know happiness within – knowing who they are.

Make room for God - make room for joyous vibration within you. So that you can bring about right manifestation in your life.

I am one with the joyous vibration within me.

Follow your bliss your true identity then all you desire shall be added to you.

“Are you not all gods!?” Then speak to your mind and soul an uplifting healing Word of life. Take control. When you take control of your thoughts and feelings, you take control of your life.

Do not worry or dwell on your problems, lest you add more of what you don't want into your life. For where your mind is your

heart is. And it is out of the issues of your heart that your life is reflected in the outer world.

The Light is the realm of higher thinking - positive healing thought and positive (healing) feelings.

Within the Light are limitless ideas and thoughts for you to choose from. For God is limitless and as the thoughts exist in the Light, so does their manifestation.

Ask, believing you have already received.

When you pray, ASK yourself for that which makes you feel happy NOW. In your feeling of happiness NOW you have BELIEVED this request to be right and true for you, because you feel happy at just the very thought of it. NOW that you have RECEIVED the realization that the request is yours to have, because it makes you happy, it shall be done to you.

My will for you is to be happy.

ASK means to choose that which God has already provided for you in thought - in the realm of limitless thought, ideas and choice in the Light.

When others strike you with verbal abuse, you will be able to maintain your joy within because you know the truth. You know that they speak from their negative mind sets and are asleep to their goodwill to you. (The Light Within).

In prayer you do not ask God for what you want because he/she has already provided for you in The Light. You ask yourself what it is that you want. You then choose what you want in the realm of The Light and take for yourself that thought and or idea that he/she has already provided, working with the law of the Universe – the Law of Addition.

When you ask you are reminding yourself what you want in life. Ask is to choose with intense feelings of appreciation and joy.

This lifts up your soul to a higher vibration rate, in line with The Light and in harmony with the Law of the Universe - the Law of Addition. Your state of high feeling - being - vibration will open doors for you to feel even more joy. For your joy will be made complete.

The kingdom of heaven is the kingdom of Light of higher consciousness within man, manifested as perfect ideas, thoughts, divine guidance, revelation, intuition and inspiration. When you feel happy and inspired to act upon an idea, you will then know this idea is from your higher consciousness (Infinite Intelligence). For inspiration with happiness is the key to correct decision making.

Share in my consciousness, the healing- positive Word, vibration and my way of thinking. You shall share in my joy, bliss and ecstasy.

Come away from your old Lord - Law of fear. It has oppressed your mind and soul with negative feelings and despair. Come and eat and partake of the feast of happiness and joy. Come home to your true state of being.

Give and receive in fair exchange.

Do not give to those that just take but give to those that give also.

Without a vision the people perish in negativity. Do not look at your problems, but set your face like a flint looking neither to the left or the right. Look only ahead at the vision of seeing your higher self before you, as real, to achieve your goal in life working consciously with the Law of the Universe –The Law of Addition (the Law of Attraction).

The union of sex with the pleasure and joy of it, is a picture of the mind and emotion being as one in joy and ecstasy - Divine vibration - orgasm.

Keep sex pure. keep it in the vibration of feeling good about yourself. It's ok to have pleasure - no guilt.

Do not demonize sex saying it is wrong for the sex energy is the life force.

Do not engage in any sexual activity that will make you feel less than you are. Sex is a joyous celebration of Divine mind and soul union

Do not think negatively about your negative thoughts. Just be aware they are visitors to your mind and choose healing thoughts to think on. Do this and you will bring Light out of darkness.

To enter the kingdom of heaven within, you must become like little children. Remember when you were a little child you lived in your own world of imagination, your inner reality, your happiness, your fun, your truth, your kingdom of heaven within. But as you got older you lost your inner world of happiness and looked to your outer world as your reality. This created in you an inner void, a black hole that sucks in negativity.

Your inner world of imagination is your reality and it is your inner reality that creates your outer world called reflection.

Be like a child then again and fill the void within you with your perfect world as you would have it. Live it, feel it, see it. For this is creation from within. As within so without.

You are made in the image and the likeness of imagination of God – Higher Consciousness – The Light. So you too must live in your imagination your heaven within. This is your reality but you have been told to grow up and to look to the world as your reality instead of a reflection. As you did, you left your Garden of Eden within. This left you with a void within you, causing you to die within as creator of your world. As you are meant to live in your inner world, as a creator of your world, which reflects in your outer world your deliberate inner dreams, feelings and thoughts.

My healing word is with you always. The Light adores you.

The Law of the Universe is impersonal it does not reward you as to how good or bad you are. The Law of the Universe is the Law of life everlasting - the Law of Addition. It brings to manifestation the nature of your feelings and thoughts. If you plant negative thoughts into your mind, you will reap negative feelings, circumstances, events, negative decision making and reaction within you. If you plant positive thoughts into your mind you will reap like wise positive feelings, healing, circumstances, decision making, ideas and reaction within you.

Gratitude and thanks giving to the Law of the Universe – Law of Addition as your provider, lifts your soul and speeds up your manifestation.

Having understanding of the Law of the Universe – the Law of Addition and gratitude, will be like having wings. You fly above all negative vibration.

Forgive yourself and help others to forgive themselves.

My healing Word is with you always. The Light adores you.

CHOOSE LIFE

*Be alert and aware of your thinking. For your negative thoughts are your enemy when not confronted. Do not prolong your suffering by believing negative thoughts about yourself as a truth.*

*Be diligent and watch what you think. Be happy and be an irresistible expression of joy. Live your life to the full. Your expression of your real truth.*

*It's okay to be happy.*

*From The Lost Esoteric Teachings Of Jesus.*

## THE CRUCIFIXION

I have come at the darkest hour of fear and oppression. Now is the time to baptize the world of thought with the positive healing Light of Divine Understanding. So that men might see, for all time, in their minds and hearts their true state of being, mindset and self image.

For the illusionary darkness of mankind, from the negative mindset is at its greatest and the negative energy built in human consciousness seeks retribution – it is the law of death. I have come to show the way and transmute this negative energy for the sake of mankind. For man is lost in negativity and has created a void within himself – a negative ego, making him homeless in Being – not knowing who he is and creating for himself hell through the Law of Addition.

I will allow myself to be crucified by the negative consciousness and I shall overcome it in order to put to death the illusionary power of fear and negativity. The negativity that man has believed in, since the fall of his state of being from joy to fear.

I will wear the crown of thorns. The crown of the negative mind set that humanity painfully wears upon itself.

I will be blindfolded, for man cannot see the truth of his own Divinity.

I will be scourged by the negative energy of the negative collective consciousness. Then mocked and scorned by the negative words of negative consciousness. For this is the language and effects of the negative mindset.

I will be betrayed, as negativity always betrays you, selling you short of who you really are.

I shall be mocked by the negative consciousness as an

illusionary king wearing a robe and holding a staff in my right hand (to show that you are all being mocked - as you are all Kings of the Light).

Negativity shall take the staff from me. The staff represents the authority of the healing - positive Word. My crucifixion is the reflection of the negative state of mankind. For the negative law is death. The staff, with which I am struck again and again on my head, is a symbol of the negative word striking human consciousness.

My feet, which represent understanding, shall be pierced and nailed to the tree of illusion. For man does not understand who he is or how to work with the law of the Universe – the Law of Addition.

My hands, that represent direction, shall be pierced and nailed to the tree of illusion. For man cannot direct his way in life properly, being negative with the Law of the Universe – the Law of Addition.

So, as with man his understanding of himself is confused and his direction goes nowhere in the illusion of fear and negativity.

I will cry the desperate cry of mankind, reflecting his state of being. Lost from his God self within for his mind and heart resides in the void of negativity - darkness. “My God my God why have you forsaken me?”

I will cry out, “Father help humanity to forgive themselves and to help each other to forgive themselves. That they might repent – change their thinking from negativity that causes them negative manifestation called hell, to positive healing thinking that brings about right manifestation called heaven.”

Darkness shall come and the sun shall go down and I will transmute the dark energy by my inner Light and healing Word. For the I AM, is the way, The Truth, The Life of life. The inner



positive joyous life of knowing who you are.

I will show the way, for even in the darkest hour possible, there is redemption and resurrection of mind and soul from negativity to positive self image and mindset.

I resurrect mankind by the power of the Light and Word to his true state of being - joy within.

I must suffer everything that every man has ever suffered in his negative state of mind and soul. So, that I as a teacher can show the way for man to overcome his negativity and his negative beliefs about himself that crucify him – and to become a true king of his own word, thoughts and feelings – To know eternal joy and to detach from outside influence for his identity and know who he is – the Divine ego.

I am showing, by crucifixion, what the negative mindset does to you and how to overcome negative consciousness. Putting to death and nailing to the tree the law of negativity. To him who overcomes, he will eat of the tree of life – working with the Law of the Universe – the law of Addition the right way. Bringing about right manifestation. His soul and mind shall know eternal bliss, the God within realization of positive healing vibration that resonates with your soul and brings understanding to the mind.

The healing- positive Word is the resurrection and the life. Eat of the Word and you will feed your soul the manna from heaven.

For the I AM is the Light of your soul, your home. Make your home in the higher I AM and come away from the lower I AM – the false illusion, the negative ego you believe yourself to be.

The stone of fear has been rolled from the tomb. (The void

within you). And the veil within has been torn in two. (The veil of darkness within your soul that separated you from the truth of knowing who you are - the temple of Light). Therefore resurrection awaits you now. Let there be LIGHT in your heart, mind and soul of understanding and healing of knowing who you are.

MY PEACE I LEAVE WITH YOU

*You have wounded yourself by a negative belief about yourself*

*. Change your thinking and you change your world. Heal yourself by changing your thoughts about yourself. For it is your thoughts that determine how you feel. I know your pain, but by your wounds you are healed.*

*Out of pain comes healing by changing how you think about yourself for the better. Love your self with Divine unconditional love and be your own best friend, be kind to yourself wanting only the best.*

*From The Lost Esoterical Teachings Of Jesus.*

# *Your healing is within you*

## **BY YOUR WOUNDS YOU ARE HEALED**

Jesus received forty lashes minus one when he was flogged before the crucifixion. In the bible it states – ‘by his stripes we are healed’. Jesus was a metaphysical teacher and he was showing how we beat ourselves up in our negative thinking. The negative mindset creates, in us, a negative self image causing us harm and emotional pain. We are wounded by the negative lashing that negative thinking causes. And, as thinking creates feeling, we are wounded deeply by the emotional scars that negativity inflicts on us causing, what is known as, soul sickness. But the good news is for every emotional wound there is a healing. And the healing takes place when we change how we think about ourselves. Therefore changing our emotional pain into emotional healing.

The forty lashes minus one are the forty common emotional wounds we inflict on ourselves and each other in the negative mindset. Your negative beliefs, about yourself, cause you pain and destruction. For the negative mindset is the law of death and destruction causing you emotional pain. It does not know anything else, for it carries out its own blueprint of the law of death and destruction.

I have shown below the forty emotional wounds we inflict on ourselves by what we believe about ourselves in the negative mindset and self image. This is the real self flagellation and the first step to our healing is to forgive ourselves. For we were ignorant of our true identity. And we have to forgive others that have made us feel this way about ourselves for they were ignorant too. The forty lashes minus one that the negative mindset imposes

on us, are as follows.

## **The Negative Ego And Mindset**

This is what the negative mindset and ego thinks and feels towards itself. If you share, or partake in its thinking, you become one with its nature of harm and destruction towards the – self. It carries out the destruction of your positive self (your self belief) by its own blueprint in your subconscious mind if you believe negative thoughts as truth. This is because your subconscious mind always obeys what you think is the truth about you. Thus if you truly believe you are a failure your subconscious mind will carry out the negative blueprint for you as a failure. You feel the feelings and make decisions according to how you feel perpetuating the sense of failure.

1 self hate. 2 self harm. 3 self destruct. 4 feeling of failure. 5 lack of self confidence. 6 lack of acceptance. 7 self deception. 8 feeling dissatisfaction. 9 proving to others. 10 lack of self forgiveness. 11 feeling depression. 12 feeling despair. 13 feeling undeserving. 14 feeling not good enough. 15 self doubt. 16 self rejection. 17 disharmony conflict within. 18 lack of self respect. 19 fear of self and others. 20 lack of inner peace. 21 lack of inner joy. 22 lack of inner happiness. 23 feeling the void within. 24 jealousy. 25 anger towards self. 26 lack of self worth. 27 humiliation. 28 worry. 29 attachment of self definition. 30 self sabotage. 31 condemnation. 32 believing the negative to be your truth . 33 fear. 34 self punishment. 35 unfaithfulness, not being true to yourself. 36 lack of self belief mistrusting your own intuition. 37 going without to deprive yourself. 38 hopelessness. 39 lack of knowing who you are. 40 death.

All these negative thoughts that we believe about ourselves as truth, are followed by negative emotions that wound us deeply. The negative ego wants to draw blood. It is destructive – its law is death. But when we stop believing these negative thoughts about ourselves that give us nothing but emotional pain, we resurrect to the Divine image within us and become the Divine ego of who we truly are – thinking only healing thoughts towards ourselves. The Divine ego only knows and thinks towards itself loving and kind thoughts. If you share and partake in its thinking you become one with its nature of healing and love towards the – self. You must believe this is the truth of you so that your subconscious mind will carry out the blueprint of the Divine ego. Then you are emotionally healed and set free like a butterfly into your true identity.

## THE TRUTH OF YOU

*The key to the kingdom of heaven within - is you.*

*Having the right self image is the key foundation to all successful life.*

*Detach yourself from negative lies that appear to you as truth.*

*Go into your inner world and live your truth. Your truth is your key to eternal life where your happiness reigns.*

*From The Lost Esoteric Teachings Of Jesus*

*I give to you the keys to your inner life*

**THE TEACHINGS OF JESUS  
ON THE  
THE KEYS TO THE KINGDOM OF HEAVEN WITHIN**

The six keys to the kingdom of heaven are the six laws of the universe. They are:

The first key is called unlocking the KNOWLEDGE OF SELF

The second key is called unlocking DETACHMENT

The third key is called unlocking the I AM

The fourth key is called unlocking AWARENESS

The fifth key is called unlocking BELIEFS

The sixth key is called unlocking SEEING YOURSELF THE VISION

There are six keys to the subconscious mind, the conscious mind and the higher conscious mind. Repeating the six keys, three times, gives you the number of mans perfection - 666. In 1Kings 10 v14 once Solomon knew himself to 'be' it reads that the weight of the gold that he received yearly was 666 talents. This was because King Solomon worked in perfect harmony with the Law of the Universe- the Law of Adding- the Law of Attraction.

The six keys are the six laws of the universe that operate in your life. Jesus came, to set the captives' minds free. He came with the knowledge of the keys to the kingdom of heaven within,



to unlock people from the deceiving bondage of the law of negativity - karma of destruction. He unlocked the deception of people seeing themselves as the lower false image, to their true identity as the image of the Divine. Once set free, people were no longer bound to the deception of the wrong image of themselves, (the beast 666) but set free in liberation of truth to their own God given identity.

## **HOW TO OPERATE AND UNDERSTAND THE KEYS TO THE KINGDOM OF HEAVEN WITHIN YOU**

### **THE FIRST KEY- KNOWLEDGE OF SELF**

Firstly you must change how you think about yourself and see your self. You are not your negative self image. No matter what your circumstances are, what people say about you, or what you think and feel about your self negatively, you are not that negative self image. You should not define yourself on your negative circumstances or people's opinions of you.

However you have to bring to your conscious mind your predominant negative thought about yourself so that you can see your false self image and bring it to the Light of your conscious mind to transmute it. It is not so hidden in your subconscious mind that you cannot find it. You will know it by a feeling and a repeated pattern in your life.

You know who you are in your negative self. It comes with the wrong I AM identity that you often tell yourself. For example, you might repeat to your self often that you are a loser, or that you are stupid, or a failure. Now against all the odds of what's

happening to you and how you feel about yourself - see yourself in a different Light, in a more positive Light now that you truly are the image of the Divine. Divine meaning I AM abundance, success, happiness, peace, joy, and right living.

### THE SECOND KEY- DETACHMENT

The second key is all about you understanding that you must detach yourself from thinking that you are your negative experiences. Your negative experiences should not influence how you feel about yourself or see yourself.

### THE THIRD KEY- I AM

This key is all about you knowing that you are the reflection of the Divine within. Your true identity is seeing yourself as the I AM success, I AM abundance, I AM wealth of ideas regardless of what's happening around you. For I AM is God's name and God is known as I AM THAT WHICH I AM AND AM NOT. Which means I AM all that is positive and healing, I AM success, I AM abundance, but I AM not the reflection of negative circumstances therefore I AM not failure. God uses the reference point of seeing only his higher identity as true. So, as you see yourself differently as the I AM, your circumstance will change to match the vibration of your new self image - your true identity. You will have become a new person, seeing yourself differently.

### THE FOURTH KEY- AWARENESS

This key is all about you staying centered at all times. You must be diligent, awake and aware of any negativity trying to influence how you feel and see yourself. Negativity will always be there to try and get you to fall from seeing yourself in your higher

image back down to the lower poor self image. Be aware and awake to confront negativity with what you truly want. Be aware and awake to stay in the vibration of gratitude, peace and joy.

### THE FIFTH KEY- BELIEFS

This key is about you having the right positive beliefs about yourself that you are the Divine self and you are not the lower self.

When you believe your true identity as the Divine self, your new positive beliefs about yourself will create the new I AM in you. For self image is built from your beliefs about yourself. Everything you do now, how you think and feel will be based on how you see your new self.

### THE SIXTH KEY- SEEING YOURSELF THE VISION

For without a vision the people perish in the illusion of their negative beliefs about themselves. With the single eye of focus you must continually see yourself positively. This creates a positive self image of how you see yourself, how you create your self image – either negative ( harmful to yourself ) or positive ( healing to yourself ). You must see yourself in the highest vision of yourself.

## **666 THE BEAST**

### **The Keys Reversed**

But if you reverse the keys you have the keys to the kingdom of hell within man. The hell binding him to his false self image - the beast 666. It reads in Rev13v18 'it is man's number his number is 666.' When man is forced to look at the wrong image of himself the mark on the forehead or right hand means ignorance of self identity. And in ignorance of who you are, you cannot attract to your self, wealth, happiness, right living and self sufficiency because you don't know who you are. And when you don't know who you are, you work unconsciously with the law of the universe. It reads in verse 17, of trading and selling - but the hard way, under heavy oppressive rulership.

The keys to the kingdom of hell within follow: Knowing the reverse - 666 will help you see where you are in your life and to expose the great lie and transmute it to truth.

The first key is called - binding you to SELF IGNORANCE - not knowing who you are in your self image, blinding you to your true identity - the Divine within.

The second key is called - binding you to ATTACHMENT - to negative effects in your life, letting them influence your beliefs about yourself in a negative way, blinding you, keeping you in darkness to your true identity.

The third key is called - binding you to THE WRONG I AM - making you follow within yourself the lower image of how you see yourself. Called the false self, it has its own blueprint of destruction, instead of the higher self image, the Divine (otherwise known as the image of God) - your true identity that has its own

blueprint of joy and fulfillment.

The fourth key is called- binding you to LACK OF AWARENESS - of the truth that you are not your negative experiences.

The fifth key is called- binding you to WRONG BELIEFS ABOUT YOURSELF - which creates, in you, a negative self image. From your negative self image are birthed negative feelings, thoughts and decisions keeping you trapped in the illusion of your negative self.

The sixth key is called- binding you to SEEING YOURSELF WRONGLY - as the lower image of your self as truth of your identity.

*It is man's destiny to feel eternal joy in the bliss vibration of the word - right thinking. Man is belief expressed.*

*We are what we think about ourselves. So choose to think positively about yourself therefore healing yourself.*

*From The Lost Esoteric Teachings Of Jesus*

*Through the Word all things were  
created in the Light*

**THE WORD**

In the beginning was the soul of the universe (Divine emotion) - the Goddess and in her was life. Within her womb of darkness was the Word, the Light. And from the darkness of her womb she brought forth the Light called the Word. And the Word was with the Goddess and was God, the Divine illumined mind. The principal Infinite Intelligence of all that is good.

Through the Word all things were created in the Light. In the Word is life and that life of positive healing vibration and joy is the Light and life within the minds of all mankind. The Light of positive vibration, the Word shines in the minds of men to overcome and heal the darkness within - the negative mindset. The Light illuminates the mind with love, healing and understanding faith. Knowledge is power and The Word is power. Therefore the ignorance of darkness flees the Light and darkness is no more. For God said, let there be Light in the minds of all mankind of revelation and understanding so that man might know the joy and happiness of the Song of the Light within him.

In the beginning was One Power, the Word and the Word

came to awaken mankind from his illusion of himself in his negative state of mind. "Awake oh sleeper and come know yourself to be alive in the One Power of good will to you."

The Word incarnated to resurrect man's soul and mind from his deep sleep of negativity to the eternal presence of living in the Now of knowingness. The eternal awareness of the living Word. Man had been held captive to the lies of the negative mindset, listening to the words of death as truth. Death sang its song within mankind causing emotional pain, illness and deterioration of mind and soul thus blinding him to his true self. Having swallowed the bitter poison of negativity man has cut himself off from seeing his god self within.

The Word had to show humanity the way for he was the Light, the Law and the eternal song of the Universe that strikes a musical chord within each soul as bliss. Therefore the very bliss itself becomes food for the soul -The Bread of Heaven.

### **Children Of The Light**

The vibration of bliss and joy was never taken from man for the Light is within each man. Only through the fall into the dark pit of illusion did humanity forget who it was - for the emotion of fear threw a veil over the Light within. Like a cloud blocking out the sunshine yet the sun remains it has not gone, it is merely hidden.

It was humanity's destiny to feel eternal joy in the bliss vibration of the Word. Man is belief expressed. (we are what we think about ourselves). With The Fall of consciousness mankind believed itself to be of a negative mindset invoking fear and darkness of thought. Holding him captive to its lies of alienation and separated from his home - The Light Within.

As man steps through the emotional veil of fear and places his roots within the Light of his higher consciousness he will find his beingness, his home in the Word. The Word will become like a lamp to his soul, Lighting the way for every moment in his life. He will see only the One Power as the truth and feel love and peace



deep in his soul. Thereby making decisions only from the feeling of inspiration and intuition and seeing himself in the right self image.

As the stars shine against the backdrop of the midnight sky, so will the Light shine in the minds of men who look within to the Light and receive the realisation of who they really are. We are The Cup - the vessel for the life giving Word.

The Word came and continues to call those bereft in darkness. Beckoning those lost in negativity and emotional pain to come and partake of the Light within of all that is positive and good. For The Light thoughts towards you are of good will. Wanting only the best for you. But we must work with The Light as co-creator in the realm of positive thoughts.

Leave then behind all those thoughts that cause you pain and work with positive thoughts that bring you life. Thoughts that, resonate within your soul, that make you feel good. In feeling good you will prosper and attract to you all that you desire. You will be who you really are. Children of the Light.

*Know who you are and who you are not. When you know who you are not, then you will know who you are.*

*You are not the lie, the lower negative self image. You are the higher positive self image all that is good. Believe it and you will see your self in a different light. The true light that is you.*

*From The Lost Esoteric Teachings Of Jesus*

*You are the higher positive self image all  
That is good*

## **WHO AM I**

The big question that humanity has been asking for many centuries.

Jesus told the masses that they had to change the way they see themselves, to find who they were. They had to change their self image, from the lower self image, they believed themselves to be, to the higher image of God - the Divine within, their true state of being. The self image that man believed himself to be was false.

When man fell from the self image of God – ( the higher consciousness ) to the lower negative image of himself it made him believe he was not good enough, creating, for himself a negative mindset - A person not deserving of love, finance, wealth, health and happiness.

Through this misconception of ‘self’, mankind would continually make the wrong decisions leading to negative circumstances and situations. As ‘self - image’ is the key foundation to life, all of man’s decisions, feelings, actions and thoughts are based on how man sees himself. For instance, if a person sees himself as a failure then his self image acts as the foundation for all his beliefs about himself. Every act, thought, feeling and decision will be backed by a belief in his subconscious mind of failure. All his decisions will fail to accomplish anything for him and any opportunity that comes his way, he will fail to

notice it. Then when he experiences a new failure, this experience will only confirm to him, in his thinking, that he is truly a failure - that he was right all along. And so the vicious circle goes on. When man identifies his 'self image' with his experiences and remains in a failure mindset he sees this as his truth. His reality about himself. I AM simply a failure. When he asks himself, who am I, he will answer I am a failure because my experiences reinforce my belief about myself.

Jesus came to break the circle of deception by teaching repentance (change) and detachment. He called the condition of the 'lower self image' sin. Meaning missing the mark of seeing your true self. He told those living in this condition to repent. The word repent does not mean sorry as some religions teach. It is not about being sorry to God because you have done some wrong deed therefore you need forgiveness from an angry God. This was not the original teaching of Jesus. Jesus said repent meaning change. Change how you see yourself. How you see yourself becomes your 'self image' and from your self image all your ideas, feelings, thoughts, actions, desires and decisions are conceived. Causing effects to your outer world - your experiences and situations.

### **How Can I Find Who I Am**

To find who you are in your right self image - the image of the Divine - you must first learn detachment. You must detach yourself from the belief that your self image is a reflection of your negative experiences. For instance, if you fail at something in your life, you think you are a failure or a loser. Your negative mindset will cause you to think that way. So we then have a self image of; I Am a failure and a loser. But instead, you must detach from the 'failure' and simply see the experience as something that just didn't work out. Do not allow any negative situation to influence

your self image. That includes everything, what people say to you, events, situations, experiences and circumstances. You are not your negative experiences.

Once you have detached yourself from the belief that you are a failure, based on what's happening to you, the next stage is awareness. Firstly be aware of yourself. You are not the negative false self image devised by your negative mindset. That condemns you. The negative mindset likes to use negative experiences to reinforce its truth to you that you are a failure. Do not listen to it, just be aware of how the negative mind works. It will always be using your negative experiences to confirm how you see yourself be it a failure, a loser, an idiot, etc.

Now you can start to see yourself differently. Detached from attaching your identity with negative outcomes. Being aware to not allow your mind to use negative experiences to influence your self image and how you see yourself. Your self image is born from how you see yourself. Start to see yourself positively as the Divine I AM. Say to yourself and see yourself as; I Am success, I Am wealth, I am happiness. This is not just positive thinking. This is seeing yourself in a positive Light as you truly are. This is who you are, the image of God, the Divine for you were made in the image of God and God's name is; I Am.

But, maybe you think I am not wealthy, I am not happy. Because when I look around me, I see unhappy situations in my life and I have no money. But Jesus said, and made it very clear, that you must not define yourself on the opinion of others or your outward circumstances. You look within, remembering all the time not to let your outside world influence you. Stay centered, stay detached. You define yourself on the truth that you are I Am (some thing positive). That is your spiritual definition of yourself. Once you come into the truth of who you are, you will start to feel an excitement deep within you. You will feel like you are born again because you have become a new you - seeing yourself differently.

No longer will you reinforce your negative belief about yourself, but you will see yourself in a positive Light, regardless of what's happening around you. You will have come home to your true state of being. Realizing and recognizing that you have at last come home to yourself - the real you - you will experience deep peace and happiness. You are no longer in conflict with yourself, stuck in a negative self image - condemning yourself, causing yourself pain and suffering.

After some time of seeing yourself in a positive Light, your actions and decisions will be different. All your thoughts, feelings, actions and decisions will now reflect your new image of yourself. Instead of making decisions in life that reflected how you see yourself in the negative self image - making poor decisions that give you poor results - your decisions will reflect how you see yourself in your new positive image of yourself. For example, if you think you don't deserve love because you have a poor image of yourself, or you may have stayed with friends who are violent towards you, you feel you cannot leave these relationships. Because, deep in your subconscious mind, you believe you are not good enough to receive anything better in life. The violence, from your partner or friends, simply confirms your beliefs about yourself so you think it must be true - and you stay in the relationship despite the pain. But when you see yourself more positively, in a higher image of yourself that deserves love, you either make the decision to go or people around you will change. And this happens because the ultimate law of the universe is; How you see yourself, is how you make others see you and their reactions to you will be different depending on whether you have a negative or positive mindset about yourself.

*In you is a self called the self image. You either have a negative view of yourself which creates in you a negative self image. Or you view yourself positively which creates in you your true identity – the Divine self image - the real you. Realize this and you will have heaven within you .You will realize self empowerment.*

*From The Lost Esoteric Teachings Of Jesus.*

*Follow the I Am in you for it is the truth  
the way and the life*

### **THE I AM THAT I AM**

Jesus said the I AM is in you. Follow the higher I AM for it is the way, the truth and the life. In you is a ‘self’ called the self image. You either have a negative view of yourself which creates, in you, a poor self image (also called the lower self which is not your true self) or you view yourself positively which creates in you your true identity - the Divine self image - called the I AM. Within you are two paths on how you see yourself - either negative or positive. Harmful or healing. You are here to know yourself. And when you know yourself you have heaven within.

As we now know that a negative mindset produces in you a negative self image and a negative self image, in turn, keeps alive the negative mindset, we have a circle. This circle is called Karma what goes around (the circle) comes around. Many people think that karma is a punishment and reward system outside themselves. But it is very close – it’s the circle of life and death within you. The negative circle is the circle of death and destruction for the negative mindset is destructive and condemning, causing us to think badly of ourselves, while the positive circle is the circle of life everlasting.

Everyday you must see yourself with a positive identity – regardless of what is going on around you. Following the higher I



AM has within itself a blueprint of fulfilment, whereas the negative self image has its own blueprint of destruction. Your subconscious mind can only work with what it has been given as your truth. So, if you see yourself as a – ‘I am not good enough’ – self image. Your subconscious mind will work for you to maintain that ‘truth’ about how you see yourself. It thus fulfils the blueprint of your ‘self image’ of ‘ I am not good enough’ – thereby affecting your decisions, responses, actions, thoughts, feelings and how people see you and respond to you. So your beliefs about yourself affect your outer world.

*How you see yourself is how others see you.*

*If you see yourself as a failure then others will see you as a failure. If you see yourself as a success, then others will see you as a success. You will attract others to see what you see in yourself.*

*This is the law of attraction.*

*From The Lost Esoteric Teachings Of Jesus*

*How you see yourself is how others  
see you*

### **THE INNER WORLD OF SELF IMAGE**

Jesus taught about the kingdom of heaven being within man. Through this teaching he instructed them to know who they were in self image. For knowledge of the self was the key to life. That is why the early Christians were called Gnostics it meant knowledge of the self.

When you know who you are and who you are not, your mind opens and your consciousness expands. Your entire inner world turns around. You no longer see who you are as defined by the world outside, but by your own self – image. Look within and see yourself as you really are – good. Think high thoughts about yourself, feel good about yourself, create in you your right self image of the Divine that is within you. Become your reference point for the definition of you – your reality, your true identity. In changing your beliefs about yourself the influences of your outer world will change for the better.

## **The Right Self Image The Divine Ego – The Law Of Attraction**

Having the right self image is the key foundation to all successful life. Everything you do, all your actions, decisions, beliefs and responses to life are based on how you see yourself – your self image.

How you see yourself is how others see you. If you see yourself as a failure then others will see you as a failure. If you see yourself as a success, then others will see you as a success. People will believe what you believe about yourself. This is called the Law of Attraction. You will attract others to see what you see in yourself. You will attract others to believe what you believe about yourself. You will attract others to feel what you feel about yourself. You attract into your life, people, circumstances, experiences, attitudes and responses on the basis of how you see yourself and your beliefs about yourself. The Law of Attraction works on the basis that all positive vibrations – emotions are attractive, it has a magnetic appeal influencing those around you.

The right self image – the divine ego – creates in you, self acceptance, self confidence, self reliance, self worth, self belief, self respect and self love. Thus creating a positive, attractive vibration that is felt by others. You no longer rely on other people for acceptance, confidence and feelings of worthiness. You give it to yourself and in giving you receive from others ‘oneness’ in vibration with you.

A person who has complete self acceptance will be able to influence those around him to fully accept him. They feel the positive vibration of acceptance that this person feels for himself.

A person who has complete confidence in himself will be able to influence those around him to have full confidence in him. They will feel the positive, attractive vibration of confidence this person feels for himself.

A person who feels at ease with himself will be able to influence others to feel at ease with him. They will feel the positive emotion of ease that he feels for himself.

A person who has self respect will be able to influence and command from others respect for him.

These are the revelations in you once you see yourself positively. And, once you see yourself in the truth of who you are – seeing is believing and when you believe you will know who you are. Knowledge of who you are brings healing and more revelation. Inner peace reigns in your heart because the Divine ego is at peace with itself and is happy with itself, and is its own reference point of being. Thereby self reliant for its Divine self identity and detachment from being influenced by the outside world. And in the revelation of your new self, your outer world changes because of the new ideas and right decisions you will be making. This right self is called righteousness (meaning right living) – the Divine ego.

### **The Wrong Self Image – The Negative Ego**

The wrong self image creates self hate, self deception, lack of self confidence, lack of self love, lack of belief and a lack of self acceptance. These are the deceptive thoughts you think about yourself when you see yourself in the wrong image of who you are. An illusory false self and identity that is not you – even though it may feel like it is true to you. Your outer world is an illusion because it does not reflect the real you. Wrong decisions

and wrong perceptions are perpetrated by your illusionary image of your inner self. These negative thoughts cause wounds of emotional pain, as feeling follows thinking. How you think about yourself becomes how you feel. If you think negatively you will feel negative – causing you emotional pain deep within your soul.

Most people find it very hard to accept themselves or to have self worth or confidence. We feel we cannot accept ourselves because we feel so bad. How can I accept myself when I feel angry, unworthy and depressed, you ask ?

### **Antichrist**

There has been a teaching going on for sometime now that we are to embrace our negativity. It says to reject it, is to reject a part of ourselves. It states that we are to embrace our dark side and by fully accepting and embracing our negative side, we will heal it. If there was ever an antichrist teaching this is it. **Do not ever embrace your negative thoughts.** This is not the teaching of the masters. This is not the original teaching of Jesus. Embracing your negative side will only keep you bound to the negative ego. You are not your negative thoughts. They are visitors to your mind. And when you take them on board, as your truth, you create in you a negative ego. Then, when you embrace negativity, as a part of yourself, you are actually embracing a lie. You are embracing the negative ego – an illusion of you. Instead simply change your beliefs about yourself. Stop believing the lie and come into the truth of yourself. This was the ultimate message of Jesus. He said: “Die to the negative ego and all its lies and come into the new life of knowing yourself in the Divine ego”.

*You are the law by the principle of your truth. What is true to you will be attracted to you and you to it, because your mind has excepted it as your truth.*

*From The Lost Esoterical Teaching Of Jesus*

*What is true for you will be attracted  
to you*

## **THE LAW OF ATTRACTION**

**Sri Mahavatar Babaji**

Jesus taught that the Law of Addition – the Law of Attraction works by the principle of two lesser laws that work together from opposite poles. The first lesser law is called the law of awareness which is passive and the other lesser law is called the law of truth which is active. Together they create the Law of Attraction also known as the law of magnetism within you. The Law of Attraction works in you whether you are negative or positive on the basis of your awareness of your truth either a negative truth or a positive truth. In other words you are attracted to feeling negative or positive therefore affecting your response to life, your reaction to life and decision making.

Truth begets truth even when it is a lie this is how the Law of Attraction works. I will give you an example.

You say to yourself this is my truth, I am a miserable failure I feel it and there is evidence of my failure in the outer world as my career never took off. I have mounting debts I cannot control. My car got stolen last week and the bank has foreclosed on my house



as I could not keep up the mortgage repayments anymore. So I am a failure and I feel depressed so this is my truth – a negative truth.

### **The Law Of Truth**

Your mind knows this is your truth, even though it is a negative truth. The mind does not differentiate between negative or positive truth. It just records it as your truth, it has accepted it as your truth, it thinks it as your truth and it has recorded it in your subconscious mind, as your truth. So your response and reaction to your outer world of experiences and circumstances reflect your negative truth about yourself. And you feel you cannot change how you feel and think because your experiences in life seem real. That's because they are real to you. So you find yourself in a trap of negative thinking, you feel a pull of attraction within you to fulfil your negative truth through negative decision making and reaction therefore only seeing negative experiences and circumstances instead of detaching from it and focusing on a way forward.

As the Law of Attraction works on the basis of your truth, whether negative or positive, you have to find your deeper inner truth to bring about positive changes in your life. Out of darkness comes the light. When you realise what you do not want, your heart always cries out for what you really do want. So as you cry out - this is not what I want, mounting debts, a repossessed home and no job. You then cry out to yourself what you do want. A home, money in the bank and a good satisfying job. When you do this, you are crying out to the universe and your own mind, your real deeper, inner positive truth of what you really want and what you are about. Your perfect world of how you would like it to be. No longer feeling strangely attracted to your negative destructive truth.

Have you ever found at certain times in your life when you

have felt at your lowest you thought, right that's it, I have had enough, this is it, things have gone too far, I am now going to change things, I can't stand living like this anymore, this is not me. This is not how I would have it be. If I had my way I would change everything.

Change your perspective and become wide awake to opportunities. **Go into your inner world of reality proclaiming your positive truth.**

The Law of Attraction is you being attracted to your truth. Your subconscious mind is attracted to fulfilling your truth by reaction if it's negative and action if it is positive. So as you proclaim your deeper truth a positive truth rather than a negative truth, you start to change. You find yourself doing things you would not have done before, you find courage within yourself and motivation to get things done and sorted. You will have convinced your mind the truth of what you want. And on this basis you find the strength to detach from the negative situation going on in your life and focus on dealing with a way forward.

Jesus said to enter the kingdom of heaven you must become like little children. And seek first the kingdom of heaven and all else will be added to you.

Jesus here was talking about the Law of Adding - the Law of Attraction. And to have the right kind of experiences and circumstances added to you, you have to go within and seek the kingdom of heaven within you.

### **Self Empowerment**

What did he mean by the kingdom of heaven within you? He meant go into your imagination and create for yourself, your perfect world, your truth, your reality. And when it has become your positive truth, everything that you desire will be reflected in

your outer world. Through being wide awake to opportunities that come your way, confident decision making and operating in your outer world from a position of strength from your inner world. Causing you to have self empowerment.

When you were a young child despite your background you lived in an inner world but you lost it as you grew older. That's why Jesus said be like little children and create for yourself in meditation an inner world, a virtual world that which makes you happy. And when you are happy you will make the right decisions in your outer world of business and relationships. You will be successful for you will operate from the position of strength within you. And you will start to attract and be attracted to the right opportunities, experiences and situations in your life. And you will have the confidence to act upon the right opportunities avoiding the negative, making the right decisions for your life.

### **The Three Laws Of Attraction**

1) YOUR SELF IMAGE - The Law of Attraction – If you see yourself as a success you will attract others to see what you see in yourself. You will attract others to believe what you believe about yourself. You will attract others to feel what you feel about yourself.

2) REACTION - The Law of Attraction – you are attracted to reacting badly to people and situations based on your negative truth.

3) RESPONDING - The Law of Attraction – you are attracted to responding with right action based on your positive truth.

*Praying with God is called affirmation*

## **AFIRMATIONS**

**Sri Mahavatar Babaji**

Why use affirmations and why do they sometimes work and sometimes do not ?

Affirmations are not about belief and believing it is going to happen. That the words are somehow magical and can make things happen when repeated enough times. You are attracted to what belief you hold in your mind and emotion. So if you are holding a negative thought that you believe is a truth within you, called a negative truth. You will be attracted to negative experiences, circumstances, decisions and emotions. Because that's all you see, you are not awake to opportunities that come your way. You lack the motivation to move forward and lack decision making in case things go wrong. You don't listen to your intuition of what is right and wrong for you, so you are left feeling attracted to fulfilling your own negative truth through bad reaction.

If you hold a positive thought, that you believe as your truth, then you feel attracted to the nature of that thought which is attracting positive experiences, circumstances, decisions and

emotions. By being wide awake to what is going on around you and being motivated by your truth to move forward, you realize your goals and active decision making.

Affirmations are about getting you to find that right word or phrase that will help you express your deep inner positive truth. To change your thinking from affirming negative thoughts to positive thoughts, as all thinking is affirming to yourself, you have to find what you want in life and affirm it as your reality and truth in your inner world so that you become motivated to make the right decisions and actions in your outer world.

### **How positive Affirmations Work**

Affirmations work when you use the words that resonate with your soul. In other words you are in line with what you truly want and desire. To realise that this is your truth and reality through desire, hidden under your negative truth, you don't have to believe the affirmations - it's a case of recognizing your want and desire as your truth and affirming it to yourself. For instance, you say I am a failure, and you believe this negative truth as your truth. But you cry out inwardly to be a success. Here you must recognize your cry as your inner positive truth. You are affirming to yourself your truth.

So Jesus taught the people to affirm their desire knowing it was their real inner truth. They would repeat the affirmation, "I am a success" or a word that clicks with them as their ultimate inner desire and fulfilment. They would learn to resonate with this feeling of success as their ultimate inner desire.

Another example – let's use Sally who got ripped off last year by a con man. This hurt her deeply and she thought all men wanted to hurt her as this had happened to her several times before.

She started to believe that she was stupid and unlovable because of what had happened to her. So this statement became her negative belief, her negative truth. But one day as she soul - searched she found that her deeper reality was that she wished that all men would love her and protect her from harm. This was her hidden inner positive truth and healing. So she made a statement every day that all men cared for her and would protect her. Because that was the way she wanted to see things - believing in her desire – not the affirmation itself. Affirmations are about you - they affirm your inner deeper truth. As she said it, it came with a feeling of healing and reality. That is because it was her chosen deeper reality, from her desire, which her mind could conceive as logical truth. This affirmation attracted only men who would help her and to disregard men who would want to harm her. She achieved this through listening to her truth, being true to herself – her positive truth - and listening to her gut feelings.

### **Why Positive Affirmations Do Not Work**

The affirmations that don't work are the ones that do not resonate with your soul. You are trying to feel positive about the words and the statement rather than recognizing your inner positive truth. You are trying to pave a positive thought on top of an existing negative truth. Your mind can only conceive logic and it is not logical to the mind to believe in the positive thought when its predominant thought is negative. Therefore you cannot pave a positive truth on top of your existing negative truth. You have to realize your deeper inner need as your truth. It has to make you feel good. This cancels out the existing negative truth through awareness of your real need. This then becomes logical to the mind and then it can conceive your inner deeper need as your positive, healing, feel good, truth.

## *Your reality is within you*

### **ANCIENT MEDITATION**

#### **Your Inner World Of Reality and truth**

When you were a little child under the age of seven, you sometimes lived in your own little world of imagination. Your inner world of imagination was your truth, your reality, your world, your universe. In your world you could be anything you wanted to be in your dreams. You created a world within you, expressing your truth. Jesus called this the kingdom of heaven within you.

As you got older you were told to stop dreaming and grow up and live in the real world. So you did. You left your Garden of Eden. You stepped outside of your happiness and the ability to create your own world and looked for happiness outside yourself. But this left you feeling empty at times, creating a void within you, making room for negative thoughts to dwell within your mind.

Jesus said, to enter the kingdom of heaven within, you must become as little children and re-enter your inner world of imagination. For you were made in the image and likeness of the imagination of God. The kingdom of heaven within you means your heaven of positive imagination within you. Your reality is

your inner world, your virtual life, your dream. When your inner world becomes so real to you, in satisfaction of emotion and conviction of your truth, then your inner reality is reflected in the outer world.

Do not create for yourself an inner kingdom of hell, dwelling on harm and hate to yourself. For this state will become an inner conviction of your negative truth. It will become your inner reality of negative emotions and you will reflect this inner state to the outer world.

Meditate daily on your inner world. Dream of all your desires and wants being fulfilled. Live in your inner world as though you have already received it. And you will feel satisfied within. From this you will operate from a position of strength when working in the outer world.

Go within and dream this is your reality. This is Ancient meditation.

## **Ancient Meditation Healing**

Heal yourself by your wounds. Choose what you want to heal within yourself today for the emotional scars within you are deep.

You are wounded by believing negative thoughts about yourself. You also wound yourself when you believe negative words from others as the truth. You heal yourself from within when you alter your inner reality. For example a young lady, let's call her Kim, had been abused by her father for many years when she was young. It scarred her emotionally for the rest of her life. She tried everything to get healed. She tried to embrace it, she tried denial, she tried to forgive, she tried to talk about it, she even tried to accept it and understand her father. But nothing worked. The old



pattern of reaction to association and triggers caused her immense emotional pain.

The ancient method of healing is to go within and live an alternative life. So Kim went within and changed her inner life, through meditation of deliberate imagination. She would take herself back to being a little girl, at the age of her abuse, but instead of reliving it, she changed it. In her inner world, her dream was to have a new daddy. In her imagination she escaped from her father and meditated everyday on the virtual father of her dreams. She dreamed of a loving and protective father. In her meditation she went into great detail - seeing him spending quality time with her, laughing, having fun with her, taking her to the park and shopping for nice things. She built up a beautiful picture, in her mind, of a live, ongoing movie, of the father of her dreams. She did this every day until it became, an every minute of the day reality in the back of her mind - replacing the previous on going horrible memories.

As the mind can only conceive of logic, she told her mind, yes it happened in my outer world, I cannot alter that, but being abused was not my chosen reality and the truth of what I wanted in life . But I have the power to change my inner world and create a reality, my truth of what a loving father should be, in my imagination. Therefore I choose to live in ‘my truth’. The mind will except this and feel the benefit of healing as the virtual inner reality is lived out in daily meditation and imagination, replacing old fears, triggers, and associations that cause emotional pain, with new inner joy.

Many people have survived, what seemed impossible circumstances of hardship, be it at sea, in prison camps, even being tortured, by retreating into an inner world, a virtual world, created by their imagination.

*When you feel depressed step back for one moment and observe your thoughts. What are these thoughts saying to you?*

*Do not believe depressing thoughts as truth about you but rather look in to them, what are they saying? The hidden secret is within them.*

*Detach, observe and find that which is suppressed within you, which is causing your depression .For depression is lack of true expression.*

*Knowing you are an observer of the thoughts will help you find inner peace*

*From The Lost Esoteric Teachings Of Jesus*

# *Detach from negativity and you will know peace within*

## **INNER PEACE**

Everyone is searching for inner peace. Inner peace comes from knowing who you are. And when you know who you are you will become at peace with yourself. You will then experience inner peace and be no longer at conflict with yourself in a negative mindset. A negative mindset is conflict, always thinking of destruction within itself. If you allow yourself to be at one with a negative mindset, you will not experience inner peace for negativity does not 'know' peace. You end up sharing its conflict towards the self and yourself – a harmful oneness with the negative ego. But when you become one with the Divine image within you, you are at peace with your image of yourself. You become at peace with yourself because you are at one with the Divine image, the Divine ego which has its own blueprint of being at peace with itself. And, because the Divine ego is at peace with itself, you share in its vibration of harmony. Know who you are and who you are not, and peace will be there with you, in you, in your self image and in both your subconscious and conscious mind.

The negative mindset and self image is never at peace with itself. It has a blueprint of disharmony and destruction. If you believe the negative mindset you will share in its vibration of disharmony and destruction.

*Become one with your higher thoughts  
and then you will know happiness*

### **INNER HAPPINESS**

Inner happiness comes from how you think about yourself. If you think about yourself in a negative frame of mind then you will either be depressed, angry or fed up with yourself. If you think about yourself positively and you really know yourself in the revelation of your true identity, you will be happy with yourself. This is the inner happiness that every one craves for. It is contentment within. Become one with the Divine ego only thinking good thoughts towards itself. The Divine ego is happy with itself, at peace with itself and has its own blueprint of self acceptance and inner happiness. For the law of spirit – Divine Mind – is everlasting life. It always uses itself as its own reference point for self identity, which makes it self reliant. This brings about inner happiness, for happiness is no longer reliant on external things which are temporary.

A rich man will constantly worry, or get depressed, if his identity is shaped on how many houses he may have, or how much money he has in the bank. He fears, in his subconscious mind, loss of his material gain, as losing it equates to losing his identity. His wealth may make him temporarily happy, until the fear of loss creeps into his subconscious mind. He may even fear spending money, even if he is a billionaire.

A person who is famous may feel happy and elated for a

while because he is famous. But, again if his identity of self worth is wrapped up only in his fame he will constantly fear loss of fame. He will try ever harder to get his fans to love him for fear of losing them and with them his identity. Instead famous people should share their happiness with their fans, by understanding who they are in their true identity – The Divine ego – This is what the truly successful artists and performers do. They are so happy being who they are that their art is timeless and their performances transcend the ordinary and fill the audience with extreme pleasure.

## **DETACHMENT**

Jesus taught people how to master the art of detachment. He told them to look within themselves for their reference point of being - self identity - the Divine ego. He told them not to allow any negative experience or situation to influence how they think about themselves and their self image. They should never look outside of themselves as a reference for their self identity. They were to remain detached from any negative influence on their self identity.

They were to be diligent and awake at all times. Negative thinking will always try to influence you on how you see yourself, in your self image. It will try to make you fall from seeing yourself with the higher consciousness of positive thinking down to seeing yourself negatively - creating within you a negative ego.

## **ATTACHMENT**

Attachment is when you attach your self identity to the negative events in your life letting them influence your beliefs about yourself in a negative way. This causes in you, a negative

belief about yourself, creating a negative self image and ego, which keeps you in darkness to your true identity - the Divine ego - the real you.

*Be focused on your desire and see the Law bring manifestation*

### **THE SINGLE EYE OF FOCUS**

Before the year 300AD Christians used the sign of the Egyptian eye. It represented the knowledge of the inner eye of focus.

The single eye of focus was about seeing yourself, your inner self, as good and in the image of the Divine. To keep focused on your positive thoughts about yourself thereby being attracted to right decision making in your life. Keeping focused on your goals and desires. Not listening to doubt. Being focused on right decision making, motivation, listening to your inner, deepest needs and being true to yourself. Being wide awake to opportunities and acting upon them, listening not to negativity.

### **THE EVIL EYE**

Today and throughout history people believe that the evil eye is about an evil power outside of ourselves that can have a devastating effect on our lives. That it has some magical power and influence over us. And so, down the centuries the myth of the evil eye filtered through into human consciousness sustaining a belief that we needed to protect ourselves from its pernicious influence.

Charms, incantations and rituals were devised to protect the public from any mephitic influence and power from the evil eye. But in fact it was not about any outside source of malevolent power. The evil eye was about the inner world of how we see ourselves. You look with your evil eye when you see yourself negatively. Thereby creating, for yourself, a negative self image – the negative ego. When you see yourself as the negative I AM – having negative beliefs about yourself – you are seeing yourself with the evil eye. Creating for yourself negative events and decisions.

## *Follow your own dream - your bliss*

### **HAPPINESS AND YOUR DREAM**

“Few people are truly happy.” Said Sai “Even the financially rich are not always happy. People are becoming more and more confused, sorrowful, fearful, depressed and unhappy. Stress is on the increase because happiness and inner peace is decreasing. People are working longer hours to obtain happiness through wealth, worldly success and material possessions. But they do not find it. The big question is why?”

The reason so many people are unhappy is they attach self worth to their success, fame, wealth and possessions. You believe that the more you have the more you should feel high feelings of self worth and self importance, leading to inner happiness. But this is an illusion and when it fails to satisfy, human beings may come to depend on drugs and drink to ease their inner pain.

If you are wealthy you ask yourself what next? I have everything so why am I feeling so unhappy and insecure ? And I constantly fear losing what I have because if I lose it I will lose my self worth - my identity.

And if you are poor you feel like a failure. It doesn't help when society seems to also view you as a failure.



Spiritual masters teach detachment for this reason. But unfortunately, over the past few years, some teachers have taught the wrong kind of detachment which has led to confusion.

True detachment means having a dream without attaching any self worth to it. The attitude of self worth coming from material success will never lead you to inner happiness. You will only experience more stress, fear and anxiety. If you lose your job, fame, success, etc, you will lose your feeling of self worth because of your attachment to it.

Happiness comes from being yourself and following your heart, your inner bliss, your dream - which is your true expression. Once you detach self worth from the accumulation of material possessions and accomplishments you will, paradoxically, be free to enjoy them. Without the attendant fear of losing them. You will be on the road to recovery and start to become stress free.

Unfortunately there is a lot of wrong teaching on the subject of following a dream instead of your dream. A new teaching has come out that speaks of a mantra saying “I can be anything I want to be”. Really ? How far this is from the truth. This teaching leads people into looking outside of themselves chasing impossible dreams that are not theirs. Instead of looking within themselves to find who they are for self expression and the right dream. I say to you, only follow and listen to those teachers, who teach you to follow your bliss- your own dream.

More and more people are becoming anxious and depressed through reading self help books, attending seminars and various spiritual workshops being encouraged that they can be what ever they want to be. And so Joe Public is still wondering why he is not yet president of America.

This method of teaching brings false hope to humanity and works against the principle of nature. When you work against nature nothing happens and the people doing the mantra end up

feeling worse than they did before.

It's a well meaning teaching that paves the way to hell. It leads to Armageddon of the soul where many people in their masses will turn against themselves because they don't achieve the impossible dream. It's impossible because it's not their dream to have.

If these teachings carry on there will be more depression and related suicides because the pressure is increasing for everyone to achieve the impossible 'pie-in-the-sky' dream instead of following your dream within. What Jesus called the kingdom of heaven within.

So why is it dangerous and what does it mean to work against nature ?. It is dangerous because each and every one of us is unique and yes we all have come here to achieve and experience our dream but unfortunately many of you are chasing the wrong dream.

Every human being who incarnates on to this planet has a dream. When you realise this dream is you, it is your way the life and the truth of you, and you own it as yours, and its unique to you. Then you know yourself to be. You can become the dream and in knowing and accepting you are the dream, inner happiness is found and life unfolds itself serving you as you pursue your dream. Jesus said the I AM is within you. Follow the I AM in you, for it says to you, "I AM The Way The Life And The truth Follow Me".

But if you follow someone else's dream it will become a living nightmare for you. If you think you can become anything other than who you really are, the true expression of you, you are deluded. Not every one can be the president of America. Not everyone wants to be famous, not everyone can be a brain surgeon. Destiny means the place you are meant to fill. You are not meant to follow someone else's dream and their expectations of you, or

fill a place that isn't yours to fill. This leads to hell.

All dreams are about helping in the evolution of humanity and happiness. Yes, sometimes you have to take on a job you don't like temporarily for reasons of responsibility. But you also have a responsibility and a duty to yourself to follow your dream and to recognise opportunities when they come. You may have a dream to be a mother or a father, to be a fireman, a doctor, a hippie, a hairdresser or a stockbroker. All dreams are equally important as they are self expressions and happiness to the individual involved. But it can only be a dream you see yourself doing. Dreams can change but make sure it reflects who you really are”

I DARE YOU TO BE YOU

## **A closing letter from Sri Sathya Sai Baba**

Dear reader

Thank you for reading this book. We hope very much that you enjoyed the journey with us for self discovery and self empowerment.

Everyone of you is at a different stage of evolution of your soul, mind and understanding of self image. But I assure you that we are all moving forward. Every time you read this book we are with you in spirit. Each time you read it, may you find another meaning – a word that will help you to understand who you truly are. I will leave you with the story of the little rose.

May the light and the power and the glory within each and everyone of you be realized. May you rise up like a phoenix from the ashes. Knowing your true identity within the light of your mind and soul.

Humanity help one another, love one another, hold hands and unite across the world the energy of seeing each other in Divine love.

My eternal love to you all

**Sri Sathya Sai Baba**

*Let your life be like that of a rose in silence, it speaks the language of fragrance. The Divine you within, the real you, the wonderful you. Believe in the best of yourself. Trust yourself your higher truth of who you really are.*

*From The Lost Esoteric Teachings Of Jesus*

## THE LITTLE ROSE

**Imagine a rose imbued with human thinking.**

Once upon a time there was a little rose that found itself growing in wasteland. The wasteland was full of rubbish and weeds. As the little rose looked out at the wasteland he was growing in, he started to feel very depressed. I am such a failure said the little rose to himself. Look at me growing in this dump. People come and go dumping their rubbish on me and to make things worse they let their dogs use my space as a toilet. Oh woe is me for I am such as loser. I can never be anything for I am rubbish.

Further to the left of the little rose was the most beautiful of all gardens. The flowers growing in this garden were beautiful and stood tall in their magnificent array of splendour. Oh how I wish I could be like them thought the little rose. I wish I was successful like them, growing in such splendor in a beautiful garden. With this thought in mind the little rose started to feel even more depressed and lowered his head in shame.

“What’s all this?” said white rabbit as he passed by the rose. “Why are you not looking up at the sun today, it’s such as beautiful day, look not a cloud in the sky?. A beautiful rose like you should

not be looking down all sad. Heavens above boy, whatever is the matter with you?”.

“Oh white rabbit, you are always so kind to me calling me a beautiful rose but I am nothing more than a useless weed growing in this awful dump”, cried little rose. “Look around me white rabbit there is nothing but waste here. So I am nothing but a failure. I am just a weed. If I was a successful rose I would be growing in that wonderful garden over there. ”

“Don’t be so ridiculous”, said white rabbit, twitching his nose, “of course you are a beautiful rose. And your scent is wonderful,” he said sniffing at his petals.

White rabbit grew rather concerned for little rose. As the flowers in the garden started to mock. “Loser,” they cried, “you will never be like us. After all you couldn’t even manage to grow in the right place,” they said with howls of mocking laughter. “Oh dear,” thought white rabbit, “this just can’t do. I must help little rose for him to know who he is. Don’t listen to them little rose I will get help for you. I will ask the moon for wisdom here.”

“Oh it’s all so pointless,” sighed the little rose. “I have tried everything – positive thinking, mantras, affirmations you name it, but it never helped me to move my roots so I can be in that garden over there. I am doomed, I am stuck here for what looks like the rest of my puny life.” With that little rose lowered his head with deep depression and gave up on himself. Through the course of the evening little roses petals and leaves started to shrivel up. Looking crumbly and dry and his scent was no more.

With white rabbit feeling deeply concerned for little rose he felt it was right to consult the moon here for wisdom. So white rabbit scurried off into the distance to wait for the moon to appear in the sky. Patiently he waited until finally night came and the moon appeared in all her full glory “Oh great moon,” sighed the white rabbit, “please help little rose in the wasteland for he does

not know who he is and who he is not. I ask that you speak to him please". Moon in her silent speech agreed to help the little rose as white rabbit's plea touched the very heart of her.

Moon decided, in her wisdom to speak to gentle breeze. She told gentle breeze the wisdom of her knowledge and told him to take it to the little rose growing in the wasteland. As gentle breeze made his way to little rose the moon watched on in the fullness of her light. With the answer blowing in the gentle breeze, little rose felt a stirring in his soul. "Look up" whispered gentle breeze to little rose, "and know yourself to be". And as little rose looked up he could not help but see the moon in all her glory. Transfixed by her beauty a sudden realization came over little rose. He saw himself in the reflection of the moon.

"It cannot be," thought little rose to himself. "Surely I AM a little rose. No one can take that away from me. For it is truly me. But what about the wasteland?" thought little rose to himself. "Keep looking up" whispered gentle breeze, "and watch the moon. What do you see?"

"I see the moon glowing against the dark night sky. That's it, that's it" cried the little rose. "The moon is being what she is, she does not fear the vast expanse of the sky and she shines her Light no matter how dark her surroundings. She still shines, even when clouds cover her beauty. She is still being the moon, unaffected by what's going on around her."

Little rose started to feel happy in his new knowledge of himself. And when the magic of the night passed into day little rose lifted his weak dry petals and leaves up to the light of the sun. He summoned all the strength he had to stand tall in the wasteland in the knowledge of his true identity. He was proud to be who he was.

The flowers in the garden continued to mock him but he didn't care for he found happiness in being who he was and his



own thoughts about himself had changed for the better. As little rose contemplated his true identity another new thought entered his mind. “Because of me,” thought little rose, “this wasteland will surely change into a bed of beautiful roses as my seeds fall to the ground. Why didn’t I think of that before thought little rose to himself?” “Because in seeing who you are, you think and feel differently about yourself”, whispered gentle breeze to little rose. “Then from the knowledge of your new self the real you, your decisions and actions become different. And I promise you now, when the time comes for you to seed I will carry them along on my gentle breeze of who I AM and I will scatter your seeds across the entire wasteland.”

Gentle breeze then left little rose to contemplate upon his new thoughts about himself which gave strength, purpose and healing to his rather weak dry leaves and petals. And sure enough when the season came for the seeds to drop gentle breeze scattered as promised the little seeds from little rose across the entire wasteland. Causing in due time the land of waste to turn into the most magnificent garden of roses. A garden of beauty for all to see and share. And little rose would wake up every morning with joy in his heart for he knew himself to be and not to be. For the little rose had woken up from the deep sleep of self deception to true self knowledge. Like the kiss of the handsome prince.

## THE TRUTH

**Sri Sathya Sai Baba**

## **GLOSSARY**

I have put some words in this glossary that are in the book to help you understand the true meaning of what the words mean which apply to the teaching of Jesus. For instance self abnegation does not mean self denial it means detachment from the negative self.

The negative ego is the negative self image which gives birth to negative thinking and feeling.

The Divine ego is the right self image of who you truly are.

Do not be tempted by sin means to not be tempted by negative thoughts to believe badly about yourself which creates in you a negative self image.

Repent means change your thinking it does not mean sorry

Sins of the flesh means negative thinking

World means world of thought

Christ means higher consciousness the Divine Mind

Avatar A master of godlike status

Goddess means Divine energy emotion

God means Divine mind, higher consciousness. The Light

Together the Goddess Divine emotion and God Divine mind create the son of God called creation of right self image. The image of God within you, the Divine ego, your true identity. The trinity.

Attachment means to attach your identity to your outer world.

Detachment means to look within for self identity and not the outer world.

Ancient meditation means the original meditation of creating your inner world through imagination.

